



MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB

SCHEDULE OF ACTIVITIES JANUARY – MARCH, 2005

The Mid-Hudson Chapter of the Adirondack Mountain Club serves Dutchess, Ulster, and surrounding counties. For more information, contact Sue Mackson, 845 471 9892, or at susiem@juno.com

NON-MEMBERS WELCOME

HIKE RATING SYSTEM

Class A-Difficult: More than a 1,500 ft. climb, or more than 8 miles. **Class C-Easy:** Well graded trails, less than 6 miles.

Class B-Moderate: Less than a 1,500 ft. climb, 6 to 8 miles.

Walk-Comfortable: Level, less than 4 miles

Outings participants should observe the following :

1. Be at designated meeting place on time.
2. Be properly dressed, including sturdy footwear, for the season and type of outing.
3. Be properly equipped. Water, lunch and extra snacks, rain jacket and the Ten Essentials should be in your pack.
4. If you wish to bring a dog, you must call the leader at least 24 hours in advance to get permission. Additionally, you must bring a leash, be able to control your dog and be responsible for its needs (e.g. water and food).

Jan 1 Vassar Campus Walk
Get out and stretch your legs, during a 2-3 mile walk. Work off a few holiday calories and share some conversation by walking on campus roads and paths. Trail could be muddy or icy in spots. Inclement weather or icy conditions cancel.
Call leaders for info or to register by December 31:
Jenny & Stan Roberts (845) 471-5712 before 10 PM or email: sjrob@att.net.

Jan 8 Lake Minnewaska B/-A
Joint with Sierra Club.
Hike or ski, pending conditions, from Lake Minnewaska to Castle Point with possible extension around Lake Awesting; 8-12 miles. **Call leaders for details: Jean-Claude Fouere/Georgette Weir, (845) 462-0142.**

Jan 8 Verkeederkill B+
This scenic 5 mile hike will take you through the dwarf pines with views of the valley to Verkeederkill Falls. Snow shoes and crampons required. Dress appropriate for the weather. Bring water & lunch. \$5.00 parking fee.
Call leader for details: Rich Forman, 845-635-5187.

Jan 16 S. Taconic Hike A-/B+
For those who don't know the Taconic, many trails have wide open views and that 'above the treeline' feeling. The plan is to bag Alander, maybe Brace or BashBish. Winter gear/skills expected to be required. **Contact leader Dave Koehler Jan 14 to register: Dave Koehler @ dave.ny3@verizon.net or (518) 851-9089 by 6 pm**

Jan 22 Lake Minnewaska B
Joint with Sierra Club. Moderate hike or snowshoe on comfortable carriage ways and foot trails. Great views. Need good boots/snowshoes, appropriate clothing, water, snacks, lunch. Crampons may be needed. **Call leader to register by Jan 20: Bob Ellsworth, Phone: (845) 435-5072.**

Jan 22 Friday Mountain A
A strenuous snowshoe/bushwack for experienced hikers. We will hike to the top of one of the most difficult to reach Catskill 3500 peaks. Crampons, snowshoes and full winter gear required. Bring snacks and plenty of water. Heavy precipitation and/or bad driving conditions cancel.
Register with leader prior to January 15, 2005:
Mary "Trish" Cina Phone: (845)339-7170
eve/wkends,trishmary37@aol.com.

Jan 22 Winter Festival at the Highland Rail Trail
An ADK member will be leading a beginners walk/snowshoe during the festival sponsored by The Highland Rail Trail Commission. They will host vendors and activities between 10 am and 2 pm. The trail is in the Town of Lloyd. A newly completed shelter will house the festival. **Call Lalita Malik, 724-5786 or Sue Frampton, Rail Trail Committee, 691-8930 for details/directions.**

Jan 29 Mt. Taurus B+
Join a 7 mile hike with a stiff uphill (1400') to the top of Taurus, then leisurely descent and return past Cornish Estate ruins. **Call leader for details: Alvin DeMaria, 845-255-1704 before 10 PM.**

Feb 5 Ashokan High Point A
Joint Sierra Club. 7-8 miles roundtrip, hike (crampons required) or snowshoe in the Catskills. Gradual walk with half the 2000' climb in last mile. Great views. Early start. **Call leaders for details: Georgette Weir/ Jean-Claude Fouere. Phone (845) 462-0142.**

Feb 6 Locust Grove Estate Walk+
Walk 2-3 miles along the trails of the estate through woodlands down to the Hudson River. Optionally, tour the home of Samuel F. B. Morse. (Fee). Bring snack and water. Inclement weather or icy conditions cancel.
Call leaders for info or to register by February : Jenny & Stan Roberts Phone: (845) 471-5712 before 10. PM or E-mail: sjrob@att.net

Feb 12 North-South Lake C
Hike the escarpment and wooded outskirts of North-South Lake in Catskills. Appropriate clothing, good boots, water, snack, lunch. Crampons/snowshoes likely. **Call leader to register by February 10: Bob Ellsworth (845) 435-5072.**

Feb 12 Peterskill Falls B+
Hike **6 miles** along the cascade of water falls towards Millbrook Ridge to Awosting Falls. Snow shoes and crampons required. Dress appropriate for the weather. Bring lunch and plenty of water. **Call leader for details: Rich Forman Phone: (845) 635-5187**

Feb 22 Mohonk Preserve B+/A
X-C ski or hike, depending on conditions, at the 5400 acre Mohonk Preserve. Intermediate ski-groomed carriage roads or hiking on trails and carriage roads to viewpoints. Expect an all day event. Bring lunch, water and dress for the weather (no cotton). **Call leader for details: Russ Faller, 845-297-5126 before 9:30 PM**

Feb 26 Inner Wall Climbing Wall
No experience needed. Joint with ADK/Climbing and Bouldering Walls. (Ages 12+) Group rate for minimum of 8 people a must. Climb fee \$9.00, shoe rental \$3.50, harness rental \$1.50, Rope Safety instruction \$4.50. Total \$18.50-cash only. Bring water/snack if you like. **Contact leader to register by February 23: Bob Ellsworth , (845) 435-5072.**

Feb 26 Black Creek Forest Preserve C
Suitable for Children
An easy snowshoe / hike with very little elevation gain. We'll walk from the parking area to the Hudson River and circle back, for a total of about 2 miles. Heavy precipitation and/or bad driving conditions cancel. **For details contact leader: Mary "Trish" Cina, (845) 339-7170 (evenings /weekends) or Trishmary37@aol.com.**

Feb 27 Sam's Point Preserve B+/A
Cross-country ski or hike, depending upon conditions, at Sam's Point Pine Barren Preserve. Intermediate skiing on carriage roads or hiking on trails and carriage roads to viewpoints and/or Verkeederkil Falls. Route to be determined by conditions and weather, but expect an all day event. Bring lunch, water and dress for the weather. No cotton. **Call leader for details: Russ Faller, (845) 297-5126 before 9:30 PM**

Mar 5 Slide Mountain A
A 6.3 mile round trip hike with approximately 1800' elevation gain, to the highest peak in the Catskills. Crampons, snowshoes and full winter gear required. Please bring snacks and plenty of water. Heavy precipitation and/or bad driving conditions cancel. **Contact leader for details: Mary "Trish" Cina (845) 339-7170 evenings / weekends E-Mail: Trishmary37@aol.com**

Mar 5 Harriman B+
From Anthony Wayne parking area we will do an 8 mile loop, passing thru Doodletown and returning on the Timp-Torne trail. **Call leader for details: Alvin DeMaria, (845) 255-1704**

Mar 5 Nuclear Lake C
Enjoy a moderate 4 mile hike on the Appalachian trail around Nuclear Lake. Nice views from ledges around the lake. Must wear hiking boots and bring lunch and water. **Call leader by March 3 to register: Michele VanHoesen, (845) 691-7442, MicheleVH8@Yahoo.com.**

Mar 12 Black Rock Forest B+
Cross-Country ski or hike, depending on conditions, in the 3700 acre Black Rock Forest. Intermediate backcountry skiing on ungroomed woods, roads and ponds or hiking on trails and woods roads to various viewpoints. Route to be determined by conditions and weather, but expect an all day event. Bring lunch, water and dress appropriate for weather. No cotton. **Call leader for details: Russ Faller (845)-297-5126 before 9:30 PM.**

Mar 19 Catfish Pond Loop B-
Fahnstock Park
Enjoy a moderate **5-6 mile** hike around Catfish Pond with minimal elevation gain. Snow shoes and crampons required. Dress appropriate for the weather. Bring lunch and plenty of water. **Call leader for details: Rich Forman (845) 635-5187.**

Mar 26 Stissing Mountain B
Celebrate the arrival of spring with a **5-6 mile** hike to Stissing Mountain fire tower with spectacular 360 degree panorama of the surrounding fields, and mountains. We will follow a path through the woods, gradually ascending the mountains, and along a ridge to the north peak. Snow shoes and crampons may be required. Dress appropriate for the weather. Bring lunch and plenty of water. We'll stop at a cafe for sinfully rich desserts (plus sandwiches and soup) on the way back. **Call leader for details: Lalita Malik :(845) 592-0204 or LalitaMalik@aol.com.**

Want to hike, don't want to plan ahead?

Mid-Hudson Chapter ADK may offer some last minute outings during the winter. To stay abreast of updates on last minute outings, cancellations and changes, visit

our web site at WWW.MIDHUDSONADK.ORG

or call

Russ Faller at 297-5126 for cross-country and skiing details

or

Lalita Malik at 592-0204 for hiking details.

