

SPRING OUTINGS SCHEDULE

CHECK OUT THESE SPECIAL SERIES

of HIKES and PADDLES!

Mid Week Paddles begin again Thurs April 22. We will paddle the second and fourth Thursday of each month, weather permitting. Paddles vary in length, difficulty, and location. Most are on quieter water; some will be on the Hudson River. All are generally leisurely -- we stop for looks at birds and waterfalls and for lunch. To be included on a separately maintained email list for these trips, contact leaders, Shari Aber (845-255-6005 or shnaber@yahoo.com) or Russ Faller (845-297-5126 -- before 9:30 PM -- or russoutdoors@yahoo.com) April 23, May 13, 27, June 10, 24.

Mid Week Hikes On the first and third Thursday of each month the leaders offer 3-6 hour hikes of varying difficulty to different areas of the Mid Hudson Valley. Hikes may be followed by a stop for refreshments. There is a separate email notification list for these hikes. To join this email list, contact Eli Cohen at ebc12533@yahoo.com with "Join Mid Week Hikers email list" as the subject. Contact leaders: Ginny Fauci, 845-399-2170, vfaucil@hvc.rr.com or Lalita Malik, Lalita-Malik@aol.com, (845) 592-0204 to learn about the upcoming hike. Apr 1 & 15, May 6 & 20, Jun 3 & 17

Leisurely 4th Tuesday of the Month. Walks and hikes that are shorter and more leisurely in pace than those the Thursday group currently is walking. We will cover familiar and unfamiliar territory. Join a series of hikes which will be fully described through a separate e-mail the Friday before the week of the hike. Please express your interest with a call or email to Sue Mackson at susiem6@juno.com or 845-471-9892 April 27, May 25 (details in Outings Schedule), June 22.

OUTINGS: WHAT YOU WANT TO KNOW BEFORE YOU GO!

Class A —Difficult: More than 1500' climb or more than 8 mile miles

Class B—Moderate: Less than 1500' climb, 6-8 miles

Class C—Easy: Well-graded trails, less than 6 miles
Walk—Suitable for Children, less than 4 miles

Participants should observe the following:

*Notify leader of your intent to join an outing.

*Be at designated meeting place on time.

*Be properly dressed: sturdy footwear, for season & type of outing.

Be properly equipped with water, lunch and extra snacks, rain jacket and the Ten Essentials.

*To bring a dog, call leader to get permission, bring a leash, be able to control dog and be responsible for its needs (water and food).

Car Pooling (encouraged)

CP expenses will include \$.20/mile + tolls and parking fees to be equally divided among all non-driving participants.

*www.midhudsonadk.org>Outings Schedule>Ten Essentials

Sat April 3 Mohonk Preserve 10 miles A Moderate Pace
Brian Sullivan @ 845.594.9545 before 9 PM. Hike through Cedar Drive, North East Look Out & SkyTop Meet at Spring Farm Parking Area at 9:00 AM. Bring water, hiking boots, snacks and lunch.

Sat April 10 Breakneck-Taurus 7 mi A Map: East Hudson trails # 102 (2003) Leader: Alvin DeMaria 845-255-1704 White ridge trail up Breakneck. Down Blue Notch trail and up it to Taurus top. Then descend Washburn trail to cars. Short shuttle. Aprx. 2000 ft of climbing. Meet Metro North parking lot on Route 9D just north of Breakneck tunnel adjacent to railroad tracks.

Sun April 11 Black Rock Forest C
Leader: Arlene 845-246-2069 Join me for a gentle hike along dirt roads, forest trails, reservoirs & ponds in the quiet forest that I call home. Hike up Black Rock to see nice views of the surrounding area. Rain cancels .Meet 1 pm. Call for meeting place.

Apr 17 (rain date Apr 18) Great River Sweep Plum Point Beach Cleanup Leader: Jean-Claude: 845-462 0142 evening Plum Point is the site of the MH ADK paddle fest. We will meet at 8:30am in parking of Hannaford in Wappingers and car pool to Plum Point Beach, off Route 9W in New Windsor. Else plan to join the cleaning party at 9:00am. Bring heavy gloves, garbage bags, rakes, boots. Contact leader for directions and car pooling info.

Sat Apr 1 Appalachian Trail From NY to NJ 8 miles B
Leader David Koehler 917-613-2043 or k2david121@gmail.com
Hike 8 miles From NY RT 17A right outside Sterling Forest to Longhouse Road crossing Cascade & Furnace brooks and Longhouse Creek. Minimal elevation gain in rolling hills. Come celebrate with me as I finish the NY section of the AT. Joint hike with AMC.

Sat Apr 17-18 Fall Brook/Beaver Kill Ridge (Catskills) Backpack Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com A beautiful & wild part of the SW Catskills, where few other hikers will disturb your solitude. Total of 23 mi. (or less if bushwhack is taken). Moderate pace and terrain. Greatest ascent/descent only 800 ft. Expect overgrown, minimally maintained sections. **Beginners in good shape welcome.** Meet Fri. before dark & hike 3 mi. to camp in/around Fall Brook Lean-to. Contact leader for trip details and to register.

Sun Apr 18 Chodikee Lake / Upper Black Creek Easy
Leader: Ken Walton 845-883-0132 or kaw9862@optonline.net
Great location to start the paddle season. Quiet waters. Lots of great scenery & wildlife. We'll put-in at 11am at the lake & head down the outlet to the waterfalls - a great spot for lunch & a walk around the old mill ruins. For those who wish, upon return we can go up the inlet. 3-4 hours including lunch. Wetsuit highly recommended, if not, spare clothing in dry bag required. PDF required. Call leader to register.

Sun Apr 18 Mount Beacon B Leader: Brenda Harding oreomort@aol.com, 845-565-8566 The summit of the mountain looms over the small city of Beacon at the border between Dutchess and Putnam Counties overlooking the Hudson River. It figures in our rich colonial era history. Ascend Mt Beacon along the path of the former incline railway. Short but steep and rocky route. 180 degree views from top. Return same route Possible walk to fire tower. Approximately 3 hours. Hiking boots, water and light lunch. Meet at Scenic Hudson parking lot Route 9D at the curve where it becomes Howland Avenue.. Call leader for time

Fri-Tues April 23- 27 Pawling AT Boardwalk Construction Project Volunteers Needed! For information, see page 3.

Sat-Sun Apr 24-25 Earth Day Fair at Dutchess County Fairgrounds See Volunteer Listings on p.2 for info and contact.

SPRING OUTINGS SCHEDULE (continued)

Sat Apr 24 Sketchbook + Camera Hike – Hudson River from Hook Mountain Level B Leaders: Kathy Skura (914-779-0936) and Barry Skura at bskura@optonline.net

Introduction to sketching and photo composition during moderately paced hike of Hook Mountain. Group stops at scenic points to learn and practice. Bring camera or sketchpad with colored pencils or crayons. For meeting location, e-mail bskura@optonline.net

Sun Apr 25 Sketchbook + Camera Hike – Lake Awosting Level B+ Leader: Kathy Skura (914-779-0936) CL Barry Skura (bskura@optonline.net). Introduction to sketching and photo composition during moderately paced hike from Minnewaska to Lake Awosting. Group stops at scenic points to learn and practice basic techniques. Bring camera or sketchpad with colored pencils or crayons. For meeting location, e-mail leader bskura@optonline.net

Sun Apr 25 Paddle the Great Swamp of NY Novice paddlers welcome Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com A secluded undeveloped area of over 6,000 acres, with a wide variety of flora and fauna, incl. 9 rare species. One of the largest freshwater wetlands in NYS. Located in eastern Putnam & Dutchess Counties. Bring binoculars, food & water. PFDs required. Rentals nearby: Contact Mac Rand of Great Blue Outfitters at 845-319-6172 or info@GreatBlueOutfitters.com. Contact leader for meeting time/place.

Thurs Apr 29 Evening Lecture: Kayaking- How to Get Started 6:30pm East Fishkill Library Presenter: Don Urmston Contact at Durmston@hvc.rr.com or 845-457-4552 (before 9pm) Always wanted to try kayaking but don't know how to get started? We'll tell you how to do just that, what gear you'll need, where to go paddling, where to meet other paddlers and where to get instruction on your technique. General Public is welcome, **ADK volunteers are needed.** For more information contact Don as above.

Sat May 1 Fahnestock's Woods and Meadows B/B+ Leader: Georgette Weir: geweir@optonline.net; 462-0142 7 mile loop hike through woods and meadows, along a stream and past several ponds. Bring water and lunch. Possible additional/optional stop afterward at Stonecrop Gardens (modest fee), if they are open. Contact leader for meeting time and place (we'll carpool from Poughkeepsie/Wappingers).

Sat May 1 Paddle the Wappinger Creek Quiet Water Experience Required Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com Have fun on the enticing Wappinger Creek from Pleasant Valley to Green Vale Park, Town of Poughkeepsie. *This is easy whitewater for experienced quiet water paddlers.* Approx. 7 mi., with only one Class II (easy rapids, wide channels, no scouting from shore, some maneuvering required). All other Class I (moving water w/ riffles, few or no obstructions). Bring extra clothes in dry bag or wet/drysuit, lunch, water, boat & gear. PFDs required. Car shuttle. Kayak rentals available from EMS at 845-463-3207. *Heavy or persistent rain cancels. Call leader if uncertain.* Meet in park behind Pleasant Valley Town Hall on Rt. 44 at 10 AM. Contact leader if directions needed.

Sun May 2 Schaghticoke Mountain 5.5 miles B Leader: Ollie Simpson olliesimpson2005@yahoo.com. Email contact in advance only. Otherwise call 845-298-8379 no answering machine Moderate hike with elevation gain at moderate pace along the Appalachian Trail at the border between NY and CT. Meet at 9:15am at the Starr22 Diner at intersection of NY 22 and DC 21

to caravan to end point on East Mountain Rd and carpool to trailhead at Schaghticoke Rd. Call leader at 7:15am on morning of hike if questions about the weather.

Mon May 3 Evening Lecture: Kayaking- How To Get Started LaGrange Library Time: TBA For details see Thurs April 29 listing.

Sat May 8 Historic Village of Woodstock Walk 10am-12noon Leader: Will Nixon Contact 845-679-5853 or will@willnixon.com The authors of *Walking Woodstock: Journeys into the Wild Heart of America's Most Famous Small Town*, Michael Perkins and Will Nixon will describe the town's history from its past as an arts colony through its Bob Dylan days to the present. Meet at the Golden Notebook at 29 Tinker Street, Woodstock, for a book signing followed by the walk.

Sat May 8 Rondout Creek Intermediate Leader: Ken Walton 845-883-0132, kaw9862@optonline.net An all-day paddle beginning at 9am on a small scenic river from Port Ben to High Falls. A mix of quick moving riffles and quiet water. One Class II rapid at Alligerville. Be prepared for possible portage. Bring lunch / snacks. Wetsuit highly recommended, if not, spare clothing in dry bag required. PDF required for all. Depending on water level, trip might be altered. Contact leader to register.

Sat May 8 Catskills - Table/Peekamoose 9.5 miles A Map: Catskills Southern #43 (2005) Leader: Alvin De-Maria 845-255-1704 Shuttle on Peekamoose Road. Go up and over Breath Hill to valley of Rondout Creek and Picket Brook. Follow creek to Table/Lone saddle. Up Table, and descend on Peekamoose-Table trail to cars. Apprx. 2800' of climbing

Sun May 9 Mohonk Pavilion & Guyot Hill 10 miles A Leader: Brian Sullivan @ 845.594.9545 before 9 PM Meet at Spring Farm Parking Area at 9:00 AM. Bring sufficient water, hiking boots, snacks and lunch. Moderate pace.

Sun May 9 Stone Crop Gardens Level C Leader: Sayi Nulu 845-264-2270 Meet 10 AM at MacDonalds Route 9 Wappingers Falls, or 10:30 at Stonecrop Gardens in Cold Spring above Rte 301.. Enjoy spring blooms in this hilltop garden which has a variety of landscapes and an interesting greenhouse.. We'll spend 2.5 at to 3.5 hours depending on pace. \$5.00 entrance fee per person. To be enticed with photos and for directions visit http://www.stonecrop.org/index_cal_view.php

Tues May 11 Evening Lecture: Kayaking-How To Get Started Grinnel Library (Wappingers Falls) Time: 6:30pm For details see Thurs Apr 29 listing.

Thur May 13 Evening Lecture: Kayaking-How to Get Started Elting Library, New Paltz Time: 7pm For details see Thurs Apr 29 listing.

Sat May 15 Delaware River Paddle Moderate/B Leader: Don Urmston 845-457-4552 (before 9pm) or Durmston@hvc.rr.com We'll paddle 8-10 miles down the Delaware River. There'll be class II rapids and we will get wet, so dress in layers, wear fleece clothing and bring a change of dry clothes along with lunch & water. PFD Required! Trip is open to anyone with previous paddling experience or adventurous beginners. Meet at Tourist Information Center off I84 in Matamoras, PA at 8:30 am. Register with leader by 5/13/10. Rain cancels.

Sat May 15 John Burroughs' Nature Sanctuary Slabides Day: Esopus, NY, with Walk of the Sanctuary Hear noontime

To receive Email Updates on all Chapter Activities, send a message to susiem6@juno.com

SPRING OUTINGS SCHEDULE (continued)

naturalist and literary talks at the Slabsides home of John Burroughs, followed by a guided tour of the cabin that is offered but twice a year by the John Burroughs Association. Afterwards walk along the nature sanctuary trails or nearby Shaupeneak Ridge. No public transportation. For directions (just past New Paltz) see <http://research.amnh.org/burroughs>. Open to the public and reservation not necessary. For details and to be counted among the ADK contingent, contact Skip Doyle at skipnewyork@yahoo.com.

Sat May 15 Pawling Nature Preserve AT Hike C
Leaders: Bill Beehler & Ellen Zelig 845-473-5557 Meet 10am at Prudential Real Estate office, Route 55, west of Arlington H.S. Carpool to trailhead. Follow trail 3 miles in and back. Bring water and chocolate brownies for hike leaders. Back by lunchtime. Call leaders if weather is questionable

Sun May 16 Bashakill Wetlands Paddle – Beginning Paddlers Welcome! C Leader: Don Urmston email: Durmston@hvc.rr.com or phone 845-457-4552 (before 9pm). Bloomingburg, NY. Paddling the Bashakill is the ultimate in relaxation and wildlife viewing. Observe ducks, frogs and Bald Eagles as we drift along through this beautiful wetland. We will paddle for 2-3 hours at an easy pace. PFD Required! Contact leader for time and meeting place. Register with leader by 5/14/10.

Sun May 16 Evening Walk Newburgh –Beacon Bridge Leader: Sue Mackson 845-471-9892 susiem6@juno.com
Join me at the Beacon Park north of the railroad station. We will walk back and forth on the bridge and repair to the park to admire the view and the sunset. Meet at west side of Metro North parking lot. Bring light supper and drink for after hike picnic.

Wed May 19 Evening Lecture: Kayaking- How to Get Started Newburgh Library Time: 7:00pm For details see Thurs April 29 listing

Sat May 22 Locust Grove C Leader: Nancy Keenan-Rich, 845-452-1727 Approximately 2.5 miles round trip on the carriage roads of the estate. Emerging spring, site of an old sawmill, Hudson Views, snack/lunch on the patio of the main building after. Bring water. Rain cancels. Meet in the parking lot at 10am

Sat May 22 Black Creek Clean-out & Paddle Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com
It's time to spruce up the Black Creek Water Trail, which volunteers from our Chapter created with the Highland Environmental Conservation Committee. The work will take a few hours in the morning. We'll have a paddle on the creek in the afternoon for those interested. *Beginners welcome.* Bring lunch, water, PFD, water shoes, work gloves and tools, e.g. loppers, saws, ax, rope. **If you don't have tools or a boat, contact leader.** Meet at 9:30 AM in the grassy parking area (across from motel) on the southwest side of Rt. 299 & the bridge over the Black Creek. This is about 1.25 mi. W of Rt. 9W & 5 miles east of New Paltz.

Sun May 23 Paddle the RamsHorn-Livingston Sanctuary (Experienced Paddlers Only) Leaders: Dave & Arlene Kaplan 845-876-4642 (before 9:30 PM) Paddle from Dutchman's Landing about 1/2 mi. down the Hudson River and into the RamsHorn-Livingston Sanctuary. This is a marshland wildlife preserve. Optional paddle up Catskill Creek. Bring binoculars, lunch & water. PFDs required. Rain cancels; high winds may cancel. Call leader if uncertain. Participants **must** pre-register w/ leader. Meet at 10 AM at Dutchman's Landing. Driving Directions: Rt. 9W or NYS Thruway to Catskill, NY. Follow Main St. to its end at the Hudson R. Park entry is on the left, just before the oil tanks.

Tue May 25 Leisurely Hike Poet's Walk on a Spring Evening Leaders: Marie Caruso 845-452-9086 mariehv@verizon.net & Carol Gray 845-471-1168 Evening walk to see sunset over this perennially

loved Scenic Hudson park. Bring water and light supper or snack. Call for time, directions, and carpooling information.

Sat May 29 – Constitution Marsh Paddle – Beginning Paddlers Welcome! (C, Easy) Leader: Geri Wildenberg Contact at gwildenberg@hvc.rr.com or phone 845-406-5988 (before 9pm). Cold Spring, NY. This trip is fun for new paddlers and experienced paddlers too. The marsh offers opportunities to see wildlife and views of West Point in a secluded and easy to get to location. We will paddle for about 3-4 hours at a very easy pace. Bring snacks and water. PFD Required! Meet at Metro North parking lot in Cold Spring not later than 11:00am. Register with leader by 5/26/10

Sat - Mon May 29 -31 Camping in the Catskills with a Sketchbook or Camera. Leader: Barry Skura 914-779-0936 bskura@optonline.net Co Leader:: Kathy Skura
Car camp in State Campground while learning about the Hudson River Artists. Sketch, paint or photograph some of the awesome views that inspired these artists. Day hikes at Olana, Giant Ledges and Overlook Mountain. Approx \$20 camp site fee No artistic experience necessary. Register via E-mail to leader, indicating your prior hiking experience and that you are an ADK member. Day hikes below describe the camping weekend listed above. They may be joined individually or you may choose to camp.

Sat May 29 Olana with the Hudson River Artists C Learn about the Hudson River artists while hiking and touring Frederick Church's Catskills estate. Learn and practice basic sketching and photo composition techniques at some of the same viewpoints that inspired Church and other Hudson River artists. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail [Bskura@optonline.net](mailto:bskura@optonline.net). Also see May 30/31 hikes

Sun May 30 Giant Ledges with Sketch Pad and Camera B+
Hike to one of the Catskills views that inspired the Hudson River artists. Introduction to sketching and photo composition during moderately paced 8 mile, 1800 foot climb. Learn and practice at Giant ledges. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail [Bskura@optonline.net](mailto:bskura@optonline.net). Also see May 29/31 hikes

Monday May 31 Overlook Mountain with sketch pad and camera B 5 miles. Hike to a classic viewpoint that inspired the Hudson River Artists. Introduction to sketching and photo composition during moderately paced 1400 foot climb. . Learn and practice at several great viewpoints. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail [Bskura@optonline.net](mailto:bskura@optonline.net). Also see May 29-30 hikes.

Wed Jun 2 Lower Wappingers Creek Evening Paddle B/C Leader: Dave Webber Contact at webberd1@yahoo.com or 845-452-7238 Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD Required! The CSKC will join us. Directions: From Rt. 9D take CR28/New Hamburg Road towards New Hamburg, turn right on Creek Rd for about a mile to the launch on the left.

Sat June 5 National Trails Day Celebrate the Reopening of the AT at Bear Mountain B/C Leader: Salley Decker 845-454-4206 til 10 pm NYNJ Trail Conference will host day long festivities to celebrate the rerouting of the original section of the Appalachian Trail. MHADK members are invited to the 10am opening ceremonies and inaugural ascent of the mountain which will include more than 800 hand hewn rock steps. Don't like climbing? Family activities and live music will also be available. Plan to spend the day. \$7/vehicle parking fee. Meet to carpool at 8:30 am. Call leader for assembly point.

SPRING OUTINGS SCHEDULE (continued)

Sat Jun 5 Ives Trail Grand Opening Hike A+

Leader: Mike Cunningham 203-748-7233, hikermiker@yahoo.com
Hike entire 15 miles of brand new completed multitown trail, rain or shine. Bring flashlight, 2 liters water, whistle, and lunch. No dogs. Call or email L for meeting location. Hikers must prequalify. There are three very steep hills. Few short breaks. This trail goes from Ridgefield, Ct through Danbury, CT to Redding CT Must register with leader by June 2. Meet to carpool at 6:00 am at Route 52 & Taconic State Parkway Park & Ride to get to CT starting point at 7 am. Leader will meet attendees at CT starting point.

Sat Jun 5 Conservation Tour & Hike: Black Rock Forest Level: C/B

Conservation Leader: Sayi Nulu Contact at 845-264-2270, or sayinulu@yahoo.com Hike Leader: Jean-Claude Fouere Contact at jcfouere@optonline.net We will have a guided tour with BRP staff, the Center for Science and Education and the Forest Lodge. Their design and construction are based on Green Technologies for energy conservation, using renewable energy with solar panels on the roof and with the geothermal heating and cooling system. Following the visit we will hike a 5 - 6 mile loop that will take us to Mount Misery, Black Rock, Hill of Pines, with some easy bushwhacking. We will discuss the geology of the area and of the highland Meet 9:30am at the location: 129 Continental Road, Cornwall, New York 12518. For more information contact hike leader as above.

Sun June 6 Paddle Wallkill River Nat'l Wildlife Refuge Experienced Only Leader: Jeff Kaplan Contact at fitdoc@sprintmail.com or 845-928-1730 (before 9:00 PM)


The Wallkill is an unusual river--Like the Nile & Rhine, it flows *northward*, in this case going from Lake Mohawk in NJ to the Hudson R. near Kingston, NY. We'll paddle the lazy, quiet stretch from the Sussex County, NJ wetlands, nine miles into NY. Got binoculars? This is a haven for more than 225 species of birds, many fish & other wildlife. We always have a *great* time, but want paddlers who are comfortable--we will be covering 9 miles in 5 or less hours (which includes a lunch break), and we may have to haul boats over a shallow spot or around a beaver dam or blowdown. It is important to contact the leader in advance for any questions, clarifications and to learn the time and place to meet.

Wed June 9 Evening Lecture: Kayaking- New City Library Time: 7:30pm For details, see listing for Thurs April 29


Sat June 12 Pre-Paddlefest Beach Cleanup Plum Point, New Windsor 9am-12noon Leader: Don Urmston Contact at Durmston@hvc.rr.com or 845-457-4552 (before 9pm)

Bring a metal rake (not a leaf rake) and work gloves and help us clear some debris from the beach and make this the best Paddlefest ever.

Sat June 12 Lost City Scramble A+ Leader: Skip Doyle skipnewyork@yahoo.com. Climb with the spirit and specter of the Lost City In Minnewaska through crevasses and caves, up crevices and cliffs. Strenuous, all-day hike for seasoned hikers who enjoy lots of steep climbs in a short distance with their hands on the rock throughout the day. For the




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Sun June 13 MHADK's 9th Annual PaddleFest (See details on page 1) 10am-4pm Plum Point, Rt. 9W, New Windsor Contact: Russ Faller 845-297-5126 (before 9:30 PM) or russ-outdoors@yahoo.com Don't Miss It!

Wed Jun 16 Poughkeepsie Waterfront Evening Paddle B/C Leader: Dave Webber webberd1@yahoo.com or 845-452-7238 Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! The CSKC will join us. Directions: From Route 9 take the Main Street exit. Go west and make a right onto Water Street. Waryas Park is 500 feet on the left. Launch at boat ramp.

Sat June 19 Sunset Rock -Fishkill Ridge B- Leaders: Al Poelzl 845-677-9995, Sue Mackson susiem6@juno.com, 845 471 9892

Upward climb of total 700 feet at moderate pace for great views along the Hudson Highland Ridge north of Breakneck. The rattlesnake dens along the route may be empty by then, but we may meet some stragglers sunning themselves.. Meet 10 am. McDonalds Rte 9 in shopping center south of Rte 84 Bring Lunch, snacks, hiking shoes--no sneakers.

Sat June 19 Kayak Skills Session - ADK Members only. 9:00 am, Plum Point, New Windsor Leader: Don Urmston: Durmston@hvc.rr.com or 845-457-4552 (before 9pm) Come get a free lesson from our ADK paddling trip leaders. We will cover basic strokes, rescues & safety. Whether you are new to kayaking or just need to brush up on your basics, we'll have something for you. Meet at Plum Point in New Windsor at 9:00am. Participants must preregister with leader

Note: The following outings, dated from Friday, June 25— Sunday, June 27, and designated below with a TF, are all taking place at the site of the chapter's First Annual Trails Fest. (See page 1). They are open to all members, regardless of overnight participation in the Trails Fest.

⇒ TF Fri-Sun June 25-27 **Beginners' Backpack in Western Catskills Class B Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com** We'll hike before dark on Fri, an easy 2.3 mi. on well-graded trail to the Beaver Meadow Lean-to, which was built in 1998 by MHADK volunteers. We'll basecamp here until Sun. On Sat, we'll day-hike 9 mi. RT to Balsam Lake Mtn. fire tower for the fabulous view & to hear history & tales from Laurie Rankin, daughter of the last Fire Warden on the mountain. Leader will supply gear list & meal ideas to participants. Instruction (incl. loading pack, setting up camp, cooking, etc.) will be offered. Participants can borrow gear or rent from Great Blue Outfitters at 845-319-6172 or info@GreatBlueOutfitters.com or from EMS at 845-463-3207. **Contact leader by 6/10 to register.**

⇒ TF Fri June 25 **Sunset-Moonlight Hike on Touch-me-Not Mountain (C) Leader: Lalita Malik, LalitaMalik@aol.com, 845-592-0204** Kick off Trail Fest by hiking from Little Pond Campground up to a viewpoint on the Touch-Me-Not Trail of the mountain above and campground below. Enjoy a picnic supper, watch the full moon rise over the horizon and hike down to the campground by its light and watch the moon's reflection on Little Pond. Total distance 2-3 miles. **Contact leader by 6/10 to register.**

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⇒ **TF Sat June 26 Loop Hike to Balsam Lake Fire Tower B**
4.3 miles with 1190 ft elev gain. Leader: Frank Dogil frankd66@gmail.com or 845-454-5441 Meet at Little Pond Campground at 10:30 to carpool to the DEC parking area on Beaver Kill Road. This southern approach ascends through meadows, becomes steep through the Balsam Firs forest and through Mountains Ash and Spruce near the peak. Reach the recently renovated Balsam Lake Mountain Fire Tower for spectacular 180 degree views and visit with Laurie Rankin who, as the daughter of the last Tower monitor has tales and history to tell of this 3720' peak. May extend the hike an additional mile to a good viewpoint along the Mill Brook Ridge Trail (see the backpack above) **Contact leader by 6/10 to register**

⇒ **TF Sat June 26 Easy Walks in the remote back country of Balsam Lake Wild Forest (C) Leader: Sue Mackson susiem6@juno.com, 845-471-9892** The South Western Catskills have lots of interesting short paths and trails, some with views, some near ponds and lakes, some with waterfalls. You might not drive so far for short walks, so take advantage of our campground stay and join me for several of these walks. Sign up with the leader for a day of family and leisurely hikes as follows:

Kelly Hollow Loop (C) 4 mile Loop through Varied Woods Trails Meet at 10am at the Little Pond Campground to carpool to trailhead. Plan to eat lunch along the trail and spend some time enjoying the woods and streams. After this loop, we'll enjoy the....

Alder Lake Loop (C) 1.5 miles Meet 3:30 pm at Alder Lake Trailhead. Walk the mostly level path around this lake from the beginning of the trailhead to the Beaver Meadow lean-to completed by MHADK members in 1998 and maintained by our members. since that time. **Contact leader by 6/10 to register.**

⇒ **TF Sat June 26 Catskills Tales and Excerpts from Walking Woodstock: Journeys into the Wild Heart of America's Most Famous Small Town** Location: Little Pond Campground - MHADK **Campsite Area 7pm** Join MHADK member, Will Nixon, as he relates stories of the Catskills from the best seller book he coauthored with Michael Perkins. Bill McKibben said, "The Hudson Valley has produced some of the great peregrinations of our time, most notably by John Burroughs, an inveterate walker. Add Michael Perkins and Will Nixon to the list—these are charming essays, some of them with a bit more bite than you'd guess." **No registration required**

⇒ **TF Sat June 26 Moonlight Paddle (Easy) Leaders: Barry & Kathy Skura** Easy evening paddle at Big Pond by the reflected light of the full moon. Short drive from campground to Big Pond for an hour or two paddle. PFD required. **No registration required**

⇒ **TF Sun June 27 Catskill Mountain Meander (B) Leaders: Georgette Weir geweir@optonline.net 845-462-0142 & JC Fouere** After packing up camp at Little Pond Campground, we will meet at 9:30-10am at the swimming area for a moderate 4.5-mile loop hike (with one extension). From Little Pond Campground (at 2000' elevation) we will hike 1.1 mile up Touch-me-not Mountain (2,760'). From there, we will turn west and hike 1.2 miles to the summit of Cabot Mountain (2,970), then backtrack 0.4 mile to the Little Pond Trail, which will take us back to the campground via a different route (1.6 mile). The terrain is varied, with a short scramble on the way up Cabot. Enjoy views, woods, and signs of former farming in the area. Take a swim or a paddle on Little Pond before heading home. **Register with leaders by June 10th.**

A Thank You Note

Carole Marsh, Chapter Social Chair, wants to thank all those generous members who helped with the Holiday Party, and we want to thank Carole for a wonderful job!

Wed Jun 30 Norrie Point Evening Paddle B/C
Leader: Dave Webber 845-452-7238 webberd1@yahoo.com
Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD Required! The CSKC will join us. Directions: Rt 9 north from Hyde Park, bear left on Old Post Road towards Staatsburg and then immediate left to Mills Norrie State Park. Follow signs to the Marina. We'll launch at the south end of the parking area by the Environmental Center.

PLAN AHEAD FOR SUMMER OUTINGS

Thurs-Mon July 1-5 Erie Canal Paddle Level: All 8-10 miles per day Leader: Don Urmston: Durmston@hvc.rr.com or 845-457-4552 (before 9pm) Join us for five days of paddling on the Erie Canal between Palmyra and Port Byron. This trip will feature a relaxed pace and plenty of exploring both on water and on foot in the towns we encounter. Paddling will average 8-10 miles per day. We will stay at a local campground with showers and bathrooms. (\$ fee for camping). Pfd (life vest) required. 14 ft. or longer kayak or canoe strongly recommended. Contact leader for more details and costs. **This trip is full, contact leader for waiting list.**

Sat July 10 Road Bike Bridges Tour: Poughkeepsie – Rhinebeck, 50 miles at 12 mph. Scenic circular tour of the mid-Hudson Valley. Many short stops at historical and scenic places of interest including Esopus Lighthouse, Wilderstein estate, Mills Mansion, Vanderbilt Mansion, FDR home, Rhinecliff, Rhinebeck, Rondout Creek, Walkway Over the Hudson. An all day ride but lots of time out of the saddle, including time to buy and eat lunch. Helmet required; gloves recommended. Meeting place: Mount Saint Alphonsus, Esopus, NY (New Paltz Thruway exit 18. Registration required. For those who would like to assist with this same ride on August 15 or for those who have peddled this ride before. Contact Skip Doyle for details skipnewyork@yahoo.com.

Sun July 11 Walkill River Paddle: New Paltz to Perrine's Bridge 7 mile, flat water paddle through the historic towns of Lloyd and Esopus. For details contact Skip Doyle at skipnewyork@yahoo.com.

Leader for the following 3 outings: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Sat-Sun July 17-18 Adirondack High Peaks Bagging Backpack: Part 1 Panther, Couchsachraga & Santanoni Peaks. Base-camp. Arrive trailhead 7/16 @5 PM.

Sat-Mon July 18-20 Adirondacks High Peaks Bagging Backpack: Part 2 Allen Mtn., Boundary & Iroquois Peaks. Base-camp. Arrive trailhead 7/18 late AM.

Weds-Tues Aug 4-10 Whitney Wilderness/Bog River Canoe Loop, Adirondack Mtns.

NEWSLETTER ADS ARE AVAILABLE

\$20/issue - Business Card
\$35/issue— One Quarter Page
\$50/issue—One Half Page
\$70/issue—One Full Page

Send check payable to *Mid-Hudson Chapter ADK* along with contact information to Brianne Seipp, 16 Dublin Lane, Po'k, NY 12603.

Call 845-471-2314

or email B2spz@aol.com for additional information.