

WINTER OUTINGS SCHEDULE

HIKE RATING SYSTEM

Class A—Difficult: More than 1500' climb or more than 8 mile miles

Class B—Moderate: Less than 1500' climb, 6-8 miles

Class C—Easy: Well-graded trails, less than 6 miles

Walk—Suitable for Children, less than 4 miles

Participants should observe the following:

**Be at designated meeting place on time.*

**Be properly dressed, including sturdy footwear, for season & type of outing*

**Be properly equipped. Bring water, lunch, extra snacks, rain jacket & the Ten Essentials.*

**Call leader at least 24 hours in advance if you want to bring a dog; must have leash, water and food*

Tuesday (6:30pm) January 3: YMG Indoor Rock Climbing

The Young Members Group will be having it's 1st of 3 indoor rock climbing sessions at the Poughkeepsie YMCA. Instruction and equipment will be provided at a very modest fee (\$8 as of 11/05). Come out and have fun, learn new skills and for those who are interested in the real deal get ready to join the LI YMG at Mohonk for the spring climb. Though geared to those in their 20's and 30's YMG events are open to all. Register with leader by 6pm Saturday, Dec 31st.

Leader: Dave Koehler: dave.ny3@verizon.net, phone: 518-851-9089

Saturday, January 7: Hike or snowshoe in Fahnestock State Park B (joint with Sierra Club)

We'll look for signs of ecological change in an area that historically was a center for mining and agriculture in the Hudson Valley. Route to be determined; about 6 miles. Contact leaders for meeting time and place. Leaders: Jean-Claude Fouere and Georgette Weir, 462-0142 (before 9 pm) or geweir@optonline.net.

Saturday, January 14: Hike Appalachian Trail, Rt 22 to Ct-NY State Line 7.1 miles B

The hike features a stretch through the Pawling Nature Preserve; meet at trailhead at 10 or at Apple Valley Shopping Center at 9:30. Leader: Pete McGinnis: 845-454-4428, e-mail pmcgin1@aol

Sunday, January 22: Young Members LI - Mid Hudson YMG Joint Venture Cross-Country Ski

Beginner Cross Country Skiing. Place to be determined based on snowfall. Register by 6pm Friday, January 20, 2006. Leaders: Dave Koehler at dave.ny3@verizon.net or 518-851-9089 or Janine Schwartz at 516-764-2887

Sunday, January 29: GPS Trail Mapping Workshop

Are you proficient with GPS? Do you want to learn how to use GPS? If so, this workshop is for you. We have agreed to help Dutchess County create digital maps of hiking trails that can be used not only by hikers, but by rescue and emergency teams to get help to people on the trail. We are looking for volunteers who already know about or who would like to learn about GPS to help us map the trails. This will be a hands-on session which will include discussion of the data to be collected, types of waypoints, and other details. We will hike multiple trails and synchronize results for accuracy and coordination. Volunteers will also select trails they want to map for this project. Contact Person: Stacy Hoppen at 845-677-5253

Friday, Jan 27-Sun, Jan 29: ADK Winter Outing hosted by the Black River Chapter. See www.adk.org for information.

Monday, January 30 - Friday, Feb. 3: Cabin Trip in Adirondack High Peaks Open to all levels (Joint with New York/North Jersey AMC)

Stay at The Hostel in Keene Valley. We may have the place to ourselves for \$20 pp/night. All bedding provided, bathrooms with hot showers, clothes washer & fully equipped kitchen. This is a clean, well-kept hostel. Day hike and/or cross-country ski (all levels). Snowshoes & skis can be rented in the area. REGISTRATION by \$80 check payable to David Johnston (refundable only if beds are re-rented) DUE JAN. 12th. Mail check to leader at 2619 South Av., Wappingers Falls, NY 12590 Leader: Russ Faller russoutdoors@yahoo.com or 845-297-5126 (before 9:30 PM).

Saturday, February 4 Cross-country ski at Minnewaska State Park*. There is an entrance fee. B+/A. (joint with Sierra Club)

We will ski carriage roads, going to Castle Point (groomed) and, depending on conditions, perhaps circling Awosting Lake (not groomed). This is also an opportunity to view the Awosting Reserve and appreciate the parcel of land which has been at risk for development. Meet at upper parking lot at 9:15 (park opens at 9). Bring lunch and plenty of water.

WINTER OUTINGS SCHEDULE (Continued)

Call to confirm. Leaders: Jean-Claude Fouere and Georgette Weir, 462-0142 (before 9 pm) or ge-weir@optonline.net.

Saturday, February 4: YMG Intro to Snowshoeing Hunter Mtn (rentals available). 6miles. B. (Joint Long Island - Mid Hudson Young Members Group)

A 6 mile shoe will start off the top of the main quad chair of Hunter Mountain. We will still have quite a climb to the true summit and fire tower on Hunter Mountain (1000 ft). Hunter rents modern / easy to use snowshoes for \$20 + \$5 for lift ticket. (Young Members Group (YMG) events though geared to those in their 20's and 30's are open to all). Register with leaders by 6pm, Friday, Feb. 3rd. Leaders: Dave Koehler: dave.ny3@verizon.net, phone: 518-851-9089 or Lori Maynard, phone: 516-883-3203

Tuesday (6:30pm) February 7: YMG Indoor Rock Climbing

The Young Members Group will be having its 2nd of 3 indoor rock climbing sessions at the Poughkeepsie YMCA. Instruction and equipment will be provided at a very modest fee (\$8 as of 11/05). Come out and have fun, learn new skills and for those who are interested in the real deal get ready to join the LI YMG at Mohonk for the spring climb. Register with leader by 6pm, Saturday, Feb. 4th. Leader: Dave Koehler: dave.ny3@verizon.net, phone: 518-851-9089

Saturday, February 11: Fahnestock State Park (Route 301, just west of Taconic State Parkway): Cross-country ski, on easy to intermediate trails, about 5 miles (if no snow, we'll hike). C+ . (joint with Sierra Club)

Please contact leader for meeting time and place no later than 5 pm on Friday, Feb. 10. Leader: Marie Caruso, 845-452-9086 (anytime up to 10 pm) or mclagr@aol.com

Saturday, February 11: Cross Country Ski at Frost Valley YMCA

Meet at 9-W - 299 intersection at 8:30 a.m. to carpool. Leader: Pete McGinnis: 845- 454-4428, e-mail pmcgin1@aol

Friday, February 17-Monday, February 20 and Friday, Feb 17-Thursday, Feb 23: ADK Winter Mountaineering School (See article with details on page 4).

***A GOOD NEW YEAR'S RESOLUTION:
GIVE ONE HOUR A MONTH TO MHADK!***

Wednesday, February 22: Workshop on "How to Get Involved in Your Town to Conserve Natural Resources" (joint with EMC) Watch for details.

Sunday, February 26: Eagle Spotting on the Hudson (unrated). (joint with Sierra Club)

An aggressive restoration program has brought the endangered bald eagle back to the Hudson. Let's spot these survivors along the tree line or on ice floes using binoculars. Bring a spotting scope if you have it. Information on the eagles' habits and habitats will be provided. Maybe take a short hike or snowshoe. Meet the leader behind Norrie Pt. Environmental Education Center on the viewing deck at 2:30PM. Bring a warm beverage and snack. Inclement weather cancels. Leader: Nancy Keenan-Rich, 452-1727.

Saturday, March 4: Schunemunk Hike, 8 miles; B+

We will use Jessup trail from Taylor Road to ascend the ridge to the Megaliths, then descend Dark Hollow. Approximate ascent of 1300' Call for meeting time and place. Leader: Alvin DeMaria 845-255-1704

Tuesday, March 7 (6:30pm) YMG Indoor Rock Climbing

This will be the last Young Members Group indoor rock climbing session for the winter season at the Poughkeepsie YMCA. Instruction and equipment will be provided at a very modest fee (\$8 as of 11/05) Come out and have fun, learn new skills and for those who are interested in the real deal get ready to join the LI YMG at Mohonk for the spring climb. Register with leader by 6pm, Saturday, March 4th. Leader: Dave Koehler: dave.ny3@verizon.net, phone: 518-851-9089

Saturday, March 11: Cross Country Ski at Fahnestock State Park

Meet at Apple Valley Shopping Center at 9 a.m. to carpool. Leader: Pete McGinnis: 845- 454-4428, e-mail pmcgin1@aol

Saturday, March 18: Silvermine YMG Mid Hudson -LI Joint Hike in Harriman. 7mi/ B

Starting at the site of the former ski area, we will hike sections of the LP and AT. Mileage depends on conditions with a 7 mile max. Afterwards, conditions permitting, we may hike a bit up the old ski area and slide down (bring any sled or tube you have). YMG (Young Member Group) hikes are geared for those in their 20's and 30's but open to all. Register with leaders by 6pm, Thursday, March 16th. Dave Koehler 518-851-9089 Dave.NY3@verizon.net or Janine Schwartz 516-764-2887 or littlemancraig@yahoo.com