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## FALL OUTINGS SCHEDULE

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### HIKE RATING SYSTEM

*Class A —Difficult: More than 1500' climb or more than 8 mile miles*

*Class B—Moderate: Less than 1500' climb, 6-8 miles*

*Class C—Easy: Well-graded trails, less than 6 miles*

*Walk—Suitable for Children, less than 4 miles*

#### Participants should observe the following:

*\*Be at designated meeting place on time.*

*\*Be properly dressed, including sturdy footwear, for season & type of outing*

*\*Be properly equipped. Bring water, lunch, extra snacks, rain jacket & the Ten Essentials.*

*\*Call leader at least 24 hours in advance if you want to bring a dog; must have leash, water and food*

### SPECIAL OUTINGS

**Thursdays (1st and 3rd) Bimonthly Mid-Week Hikes C/B** On the first and third Thursdays of the month, we will lead moderate 3-4 hour hikes to different areas in the Mid-Hudson Valley. Hikes are followed by a stop for refreshments or dinner. Notify either leader by Tuesday and they will let you know the hike plan, depending on weather and other conditions. Leaders: **Jane Geisler, (845) 677-9909** or **Lalita Malik (845) 592-0204, [LalitaMalik@aol.com](mailto:LalitaMalik@aol.com)**

**Monthly New Hiker/Leisure Outings:** This is a monthly series of hikes geared for those new to hiking and/or those who prefer a more leisurely pace. Various areas of Hudson Valley will be explored.

**Young Members Group (YMG) Hikes:** Outings and activities geared towards those in their 20's, 30's and mid-40's. Contact Dave Kohler at [MH.ADK.YMG@gmail.com](mailto:MH.ADK.YMG@gmail.com) for information.  
*(The Outings Schedule is continued on the opposite page).*



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## **FALL OUTINGS SCHEDULE** *(continued)*

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### **Sat–Sun, Sept 29–Sept 30 Kittatinnies Backpack Joint with AMC**

Moderate overnight in the Kittatinny mountains of Northern New Jersey. 17 miles of rolling hills on the AT from Culvers Gap to High Point monument. Great views. Register by e-mail, indicating that you are an ADK member and providing your recent backpacking and hiking experience. **Leader: Barry Skura**  
**Bskura@optonline.net 914-779-0936**

### **Sun Sep 30 Minnewaska Grand Tour A In association with the Hudson River Ramble**

Starting from the Coaxing parking lot off Clove Rd., the Minnewaska Grand Tour hike will take us from the Trapps to Millbrook Mountain along the ridge trail that overlooks the beautiful Hudson Valley with unique views of the Taconic mountains on the east and of the Highlands to the southeast. We will then hike along the Millbrook Mountain Trail to Minnewaska Lake, on to the High Peterskill trail across Rt. 44, after a detour to Awosting Falls, that will take us back to Coaxing. The geologic history of the area will be discussed. All day hike, bring lunch, water, etc. Mohonk Preserve day use fee is required. **Contact leader: Jean-Claude Fouere**  
**JCFouere@optonline.net or 845-462-0142** by Sept. 27, 9pm, for meeting time and place and car pool arrangements.

### **Thurs Oct 4 Bimonthly Mid-Week Hike See 1st listing of *Fall Outings Schedule* on p.4**

### **Fri–Mon Oct 5–8 5 Ponds Wilderness, NW Adirondacks**

#### **Paddle/Backpack**

Paddle up the Oswegatchie River (13 mi.) then backpack to remote, beautiful Sand Lake (7 mi.) and return. This is a meandering river through a boreal swamp, marsh & conifer forest. We'll pass glacial ponds & follow eskers on our way to Sand Lk. No roads penetrate this wilderness. Canoes are preferred, but kayaks also welcome if they can hold your backpack. Rentals available. Locks & chains/cables needed to secure boats during 2-day backpack. Will encounter log jams, 1 riffle that might require lining & possibly beaver dams; no portaging. Backpack over rolling terrain at moderate pace. Minimal level of paddling/backpacking experience necessary. **Must arrive at put-in campsite on Thurs. night.** Limited to 9 in good physical condition. **Contact leader to register:: Russ Faller**  
**russoutdoors@yahoo.com or 845-297-5126 (before 9:30 PM)**

### **Sat Oct 6 Flume / Ice Cave /Grand Canyon B**

This hike begins on Smiley Carriage Trail and goes up to the Flume trail where the trail becomes steep. We will check out the Flume before heading for the Grand Can-

yon. Once through the Grand Canyon and Labrinth, we'll go back down to the **Non Commercial Ice Caves**, then over to the waterfall and finally, back to the parking area by way of Rt. 52. Bring lunch, plenty of water, sweatshirt, light gloves, and flashlight or headlamp.

**Leader: Ray DePuy Phone: (845) 532-9303**

### **Sat Oct 6 LAMONT-DOHERTY Earth Observatory (of Columbia University) Open House 10am-4pm**

This unique landmark, located at the NY-NJ border in Palisades, NY, is open only once each year to the public. Enjoy an all day "excursion" with optional hiking in Palisades States Park available after the tour as time permits. Bring lunch, beverage, and comfortable walking shoes (hiking boots if also hiking). Children are welcome when accompanied by an adult. Check out web site ([www.Ideo.columbia.edu](http://www.Ideo.columbia.edu)) for event schedules as information becomes available or call 845-365-8998. Please register with **Salley Decker at 454-4206 evenings until 10pm, or Georgette Weir at 462-0142 evenings until 9:30pm**, so carpools can be arranged. Early departure from Poughkeepsie is planned. Details will be provided at registration. Deadline is Thursday evening, October 4.

### **Sat Oct 13 Locust Grove/Samuel Morse Estate Monthly New Hiker/Leisure Outing - See 2nd listing of *Fall Outings Schedule* on p. 4**

Joint with Sierra Club.

Try out some of the new trails at this lovely riverside property. Meet in the parking lot at 9:30. Bring lunch/beverage. Rain Cancels. **Leader: Nancy Keenan-Rich, 452-1727 or nkrich@hvc.rr.com.**

### **Mon Oct 15 (rain date Oct 16) Paddle on the Esopus**

Canoes and kayaks, easy flatwater trip on the Esopus creek which is lined with a variety of big trees that should be very colorful in mid-October. Meet at the Saugerties Town Beach, right off Rte.9W in Saugerties, at 12 noon. Round trip is about 6 miles, bring lunch and water, extra clothing, life jackets, and a bathing suit if it's an Indian Summer day. **Leader: Judy Mage**  
**jmage@usadatanet.net, 255-7671**

### **Thurs Oct 18 Bimonthly Mid-Week Hike See 1st listing of *Fall Outings Schedule* on p. 4**

### **Sat Oct 20 (Rain date: Sun Oct. 21) Fahnestock State Park Joint with Sierra Club C**

A lovely 4 mile hike to Jordan & Beaver Ponds, where we'll see signs of the early settlers who eked out a hardscabble existence here hundreds of years ago. We'll leave at 10 am. **For exact meeting place, contact leader: Marie Caruso, at (845) 452-9086 or mariehv@verizon.net**

## FALL OUTINGS SCHEDULE (continued)

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### Sat Oct 20 - Sun Oct 21 High and Wild Catskills Backpack Joint with AMC

Beautiful Fall views from five Catskill 3500 footers (Peekamoose, Table, Slide, Cornell, and Wittenberg) as well a chance to camp in one of the sections of the Catskills with the greatest feeling of wilderness – area by Neversink River and Fisherman’s Trail. 17 somewhat strenuous miles. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member. **Leader: Barry Skura 914-779-0936 [Bskura@optonline.net](mailto:Bskura@optonline.net)**

### Sun Oct 21 Black Rock Forest B+

We'll do an 8 mile loop, including Black Rock Summit, Arthurs Pond, Rattlesnake Hill, and Hill of Pines. Meet at the Reservoir Road main parking lot at Black Rock forest (south of Rte 9W), 9am. **Leader: Alvin DeMaria 845-255-1704**

### Sun Oct 21 YMG Trip to Sam's Point A

Come and explore this unique terrain with great views and a spectacular waterfall. Though the hike should be at a moderate pace, all hikers must be willing and able to hike at a fast pace if required. **Register with leader Raja Abdulrahim [alrooj@gmail.com](mailto:alrooj@gmail.com) or Dave Koehler [MH.ADK.YMG@GMAIL.COM](mailto:MH.ADK.YMG@GMAIL.COM)**

### Sat Oct 27 Catskill Wittenberg – Cornell Mountains A

Starting from Woodland Valley we will climb up the 2,400 feet to the Wittenberg summit at 3,780 foot elevation, and on to Cornell Mountain at 3,860 foot elevation, and back for a hike of 9+ miles. Weather cooperating, we will catch a view of the Ashokan Reservoir. We will discuss how the geology and topography of the Catskill make it such a natural source of water, and stress the importance of preserving the integrity of the Catskill watersheds as they feed New York City with potable water with virtually no chemical treatment. All day hike, bring lunch, water and wear adequate clothing. **Contact leaders: Jean-Claude Fouéré ([JCFouere@optonline.net](mailto:JCFouere@optonline.net); 845-462 1909) and Georgette Weir by Oct. 25** for meeting place and time, and for car pool arrangements.

**Sun Oct 28th....Save the date! The YMG will have a Harvest Hike/Fall Fun Event.** Details and location to be determined. Contact LI leader, Janine Schwartz at [littlemancraig@yahoo.com](mailto:littlemancraig@yahoo.com) or Mid-Hudson Leader, Dave Koehler at [MH.ADK.YMG@GMAIL.COM](mailto:MH.ADK.YMG@GMAIL.COM)

**Thurs Nov 1 Bimonthly Mid-Week Hike**  
See 1st listing of *Fall Outings Schedule* on p. 4

Sun Nov 4



### Sun Nov 4 Fahstock Perkins Trail B

Leader Al Poelzl has been walking the trails at Fahstock for almost 70 years. He’s maintained its trails and would like you to enjoy the area with him. You’ll see some lakes, enjoy some views, learn the names of everything growing, and perhaps see “AP” initials on some logs. Meet at 9am at the Lake Canopus parking area on Route 301 For those close to Poughkeepsie, meet at 8:15 at Hannaford Parking Lot Route 55 and Skidmore Road **Leader: Al Poelzl at 677-9995 or contact Sue Mackson at 845-471-9892 or [susiem6@juno.com](mailto:susiem6@juno.com).** Rain absolutely cancels. *Don’t Forget to FALL BACK to standard time!*

### Sun Nov 4 Ferncliff Forest, Rhinebeck C+

Enjoy a Sunday afternoon 2-hour walk in the woods. Climb a 60-foot newly restored observation tower with great views of the Hudson River, Catskills, etc.! Bring water and a light snack. Hiking boots or sturdy trail shoes recommended. RAIN CANCELS, but hike could be rescheduled. Optional: After hike, join leader for refreshment at a low cost restaurant in Rhinebeck. For meeting time and carpool location call leader. **Salley Decker at 454-4206 evenings until 10pm or mornings until 10am. Approximate meeting time will be 12:45 PM in Poughkeepsie.**

### Sat Nov 10 Bear Mountain Walkabout B

**Monthly New Hiker Outing: See second listing of *Fall Outings Schedule* on p. 4** We will walk across the Bear Mountain Bridge, and two bridges crossing the Popolopen Creek, while enjoying the Trailside Museum (nominal charge,) Fort Montgomery Museum (nominal charge if you choose to enter,) Hessian Lake, the Inn-skating rink-carousel area, and Hudson River boat docks. Bring lunch, water, and sturdy footwear. Please note that extreme heights will be encountered on the bridges. Meet at 9:00 am, Route 9D, just north of the Bear Mt. Bridge. **Leader: Lou Ruidisch III Phone (845) 896-9332 or [LER3rd@optonline.net](mailto:LER3rd@optonline.net)**

### Sat-Mon Nov 10-12 Veterans Weekend Backpack: Green Mountains of Vermont - Part 2

This is a continuation of the Sept. 15-16 back pack. The Long & Appalachian Trails follow rolling terrain at elevations from 2000-3500’. Stratton Mtn. (3936’) provides sweeping views incl. White Mountains of

## **FALL OUTINGS SCHEDULE** *(continued)*

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NH, the Taconics & Mt. Monadnock. Total of 40.1 mi. Moderate pace. Arrive trailhead Friday evening. You'll need cold-weather gear and should be in good physical condition. **Contact leader: Russ Faller [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com) or 845-297-5126 (before 9:30 PM).**

**Mon Nov 12 Storm King Mountain B**  
Joint with AMC  
Gorgeous views overlooking Hudson River. 8 miles with steep climbs, but moderate pace. **Leader: Kathy Skura 914-779-0936 or [kahughes@optonline.net](mailto:kahughes@optonline.net). Co-leader: Barry Skura [bskura@optonline.net](mailto:bskura@optonline.net)**

**Thurs Nov 16 Bimonthly Mid-Week Hike**  
See 1st listing of *Fall Outings Schedule* on p.4

**Sat Nov 17 – Sun Nov 18 South Taconics Backpack: Jug End to Lions Head**  
16.5 miles of the Appalachian Trail in Southern Massachusetts and Northern Connecticut with fantastic views of the Taconic, Berkshire, and Catskill mountains as well as the Housatonic River Valley. The terrain is hilly and rugged in certain spots, but a ridge walk in others. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member. **Leader: Barry Skura 914-779-0936 [bskura@optonline.net](mailto:bskura@optonline.net)**

**Sat Nov 17 Dunderberg & Timp B+**  
Eight mile hike to look at the old Dunderberg Spiral Railway as we hike up Dunderberg Mtn, past Stalter Spring and Cornell Mine to Timp Summit. Return on Timp-Torne Trail. Fairly steep ascent up Dunderberg. Meet: Rte 9W parking area 4.5 mile south of Bear Mountain Circle 9:00 AM **Leader: Alvin DeMaria 845-255-1704**

**Sun Nov 18 Poughkeepsie, Highland and Points In Between B**  
Part historic, part nostalgic hike through Poughkeepsie and over the Mid-Hudson Bridge with lunch in Highland and return with more of Poughkeepsie past and present. Total 6-7 miles Meet at the Adriance Memorial Library parking lot at 10:00 am **Leader: Noel Tepper [noeltepper@yahoo.com](mailto:noeltepper@yahoo.com)**

**Sun Nov 25 Mt Peter to Arden A**  
**Joint with AMC**  
See what is the on the other side of Route 17. Twelve brisk and hilly miles on Appalachian Trail from Mt. Peter to Arden. Fantastic views toward both Harriman and New Jersey. Very steep descent into Arden. **Leader: Barry Skura at 914-779-0936 or [bskura@optonline.net](mailto:bskura@optonline.net).**

**Sat Dec 1- Sun Dec 2 Alder Lake – Huckleberry Loop Backpack (Catskills) Joint with AMC**  
Backpack about 17 beautiful miles in area of Alder Lake

And Balsam Lake Mountain. Be prepared for early winter conditions. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member. **Leader: Barry Skura 914-779-0936 [bskura@optonline.net](mailto:bskura@optonline.net)**

**Sat Dec 1 Gertrude's Nose, Minnewaska State Park Preserve B+**  
We'll hike 5 miles from Lake Minnewaska out to Millbrook Mtn. via the Millbrook Mtn. Trail, then to Gertrude's Nose, returning via Millbrook Mtn. Carriageway. This is a No Hunting zone. Call leader for meeting time and car pooling arrangements. Parking fee at the lake. Rain cancels. **Leaders: Georgette Weir & Jean-Claude Fouere, 462-0142.**

**Thurs Dec 6 Bimonthly Mid-Week Hike**  
See 1st listing of *Fall Outing Schedule* on p.4

**Sat Dec 8 Harriman's Pretty Little Secret Joint with AMC**  
Fast 13 mile hike on Appalachian Trail between Bear Mountain Inn and Lake Tiorati. Covers sections of Harriman that are very pretty, but seldom day hiked. **Leader Barry Skura, 914-779-0936, [bskura@optonline.net](mailto:bskura@optonline.net).**

**Sat Evening Dec 8 MHADK Holiday Party! Don't miss it! See box on page 11 or details.**

**Sat Dec 15 Appalachian Trail in Pawling, NY B**  
Hike the AT along Hammersly Ridge and past several high-elevation swamps. Relatively flat with short ups/downs; 7.4 mi.; moderate pace. Rain cancels. **Call leader Russ Faller at [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com) or 845-297-5126 (before 9:30 PM) for meeting time/place.**

**Sun Dec 16 Black Mountain Harriman Park B-Monthly New Hiker/Leisure Outing See 2nd listing of *Fall Outings Schedule* on p. 4**  
4.5 mile hike at a mountain fronting the west side of the Hudson River. Moderate elevation gain For those who worry about pace, I'm a slow walker, especially uphill. Lots of Harriman Park history in this hike. Meet at Route 9 McDonalds in Wappingers Falls. **Leader: Sue Mackson 845-471-9892, [susiem6@juno.com](mailto:susiem6@juno.com). Heavy rain, ice, snow cancels. Or, if there's good snow, we can get together for some cross country skiing at Baird Park.**

**Thurs Dec 20 Bimonthly Mid-Week Hike**  
See 1st listing of *Fall Outings Schedule* on p.4