

SPRING OUTINGS SCHEDULE

Sat Apr 9 Minnewaska 8 mi A- Leaders: Georgette Weir, geweir@optonline.net and Jean-Claude Fouere, 845-462-0142 Moderately strenuous hike will include the Blueberry Run to Castle Point (great views). Parking fee. Contact leaders for meeting time, place and carpooling site.

Sat Apr 9 - Sun Apr 10 South Taconics Backpack Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com Walk through 3 states in one weekend! We'll hike several trails on 2 ridges, incl. So. Taconic & Appalachian Trails. Summits incl. Catamount, Alander, Brace, Frissell, Round, Bear & Lions Head. Camp at rarely visited sites. Enjoy fantastic panoramas across NY, MA & CT. Moderate pace; 23 miles. Arrive in Millerton, NY, on Fri. evening, 4/8.

Fri Apr 15 Sunset/Moonlight Walk: Mills Mansion to Norrie Point Leader: Lalita Malik LalitaMalik@aol.com or (845) 592-0204 Many of us are familiar with the pleasant, if twisty, path along the Hudson that we cover each year at annual picnic time. We'll walk from the Mills Mansion under the light of an early risen moon. Enjoy picnic supper at the Norrie Point Gazebo.(bring your own edibles) and retrace our steps as the sun sets over the river. We'll leave the park after about 2 hours. Meet at the Staatsburgh Mills State Historic Site parking lot in the village of Staatsburg at 5:30. Call leader for car pooling. Bring water, sturdy shoes. It would be wise to carry along a flashlight or headlamp, just in case.

Sat Apr 16 Hyde Park Healthy Trails Walkabout Kick-Off at 1pm Launch of 2011 Trails Patch Contact: Salley Decker 845-454-4206, MHADK's representative on the Hyde Park Trails committee. "Salamander Walk" on the Roosevelt Farm Lane Trail (3.6 miles round trip). Susanne Norris of the National Park Service will co-lead a "show and tell" about the park's science education program of salamander monitoring, complete with a demonstration of salamander monitoring boards along the way. Hike begins at Farm Lane trail head on Route 9, just north of Hyde Park Steakhouse and Brewing Company. Parking available at trail head and behind brewery. Want to get a patch?--see May 21 for "patch in a day"

Sat April 16 Hike & Paddle in the Berkshires Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com Joint with AMC First, we'll hike the strenuous 2.4-mi. loop on Monument Mtn. between Great Barrington & Stockbridge, MA, for the breath-taking views and to see soaring raptors from the cliffs. Then, we'll paddle Agawam Lake, one of the best and largest boggy marshes in the NE. Expect to see strange plants, beaver dams and waterfowl. Beginners welcome. Canoe & kayak rentals nearby - ask leader. Allow @5.5 hrs. for both hike & paddle. PFDs required. Group size limited. Contact leader.

Sat Apr 16 Harriman 7 miles B Leader: Alvin DeMaria demonalvin@yahoo.com (by Thurs evening) 845-255-1704 From the Anthony Wayne parking area on the Palisades Parkway, we will use the Timp-Torne to the top of the Timp then return via the Ramapo-Dunderberg and Beechy Bottom Road. Meet: Anthony Wayne parking area on Palisades Parkway, 9am.

Sun Apr 17 Stony Kill Trails 5.5 miles C Leader: John Ragusa 917-692-1159 or john.ragusa@bny-mellon.com An easy hike of the Sierra and Freedom trails taking us through hardwood and evergreen forests, wetland and open meadow habitats with an abundance of wildlife and a remarkable array of plants. The trail surface is mostly hard dirt with stretches of mowed grass.Meet: 11:00 am at the Sierra trailhead on Red Schoolhouse Rd. in the Town of Wappingers. Take Route 9D south towards Beacon. After passing the Stony Kill Visitor Center, make a left at the light onto Red Schoolhouse Rd. Proceed about ¼ mile. Trailhead parking will be on the left.

Sat April 23 Windham High Peak, Burnt Knob, Acra Point A Leader: Cal Johnson hikeski@hvc.rr.com (preferred) 845-246-2006 before 10pm Joint with Albany Chapter This hike will be mostly on the northern portion of the Escarpment Trail, which is part of the NYNJTC Long Path. There are numerous vistas, providing views of the Hudson River Valley and some to the west. On a clear day, the Taconic Range is easily picked out and sometimes as far as the Berkshires and southern VT. Distance is about 10 miles with around 2500' of ascent. At a steady 1.5 MPH pace, plus breaks, this hike will probably take around 7-7.5 hours. Carpooling can be arranged to meet leader in at the trailhead parking lot on Rte. 23 in East Windham at 8am. Steady rain or no sign-ups by April 20 cancels.

Sat Apr 23 Paddling- Bashakill Wetlands, Wurtsboro (Beginner level) Leader: Don Urmston Durmston@hvc.rr.com (preferred 845-549-4671 We will paddle approx. 3-4 hours in this serene wetland environment. We will look for the Bald Eagles and Osprey that nest here. Bring food, water, sunscreen. PFD (life vest) required. Beginners are welcome. Check with leader for meeting time & place. Register with leader by April 21.

Sun Apr 24 Mohonk Underclif, Coxing, Split Rock, Old Minnewaska Trail 7.5-8m B Leader: Hank Jenkins: Jenkins46er@yahoo.com (preferred) 845-883-7853 This hike will have many options:Overcliff or Undercliff, Stokes Trail , possibly checking out Split Rock, and Van Leuven Cabin and old Cemetery. Group preferences will trump. \$10 fee/pp for non-Mohonk Preserve members, no fee for members. (You might think about joining!) Bring lunch&snacks & contact leader the week before.

Sat Apr 30 Arden Point and Castle Rock Unique Area 4-5 m C+--B- (East of Hudson Trail Map) Leader: Salley Decker (845) 454-4206 evenings until 9:30 Hike on gently rolling trails with good views of the Hudson River and more! Plan on spending about 3 hours. Option for longer hike if someone is willing to lead group. Bring lunch and water. Call leader for carpool information or meeting time/location in Garrison, NY. Rain cancels, but will reschedule

Sat April 30 Sketchbook + Camera Hike – Hudson River from Hook Mountain B Leaders: Kathy Skura (914-779-0936) and Barry Skura Barry.Skura@gmail.com Introduction to sketching and photo composition during moderately paced 7 mile hike of Hook Mountain. Group stops

SPRING OUTINGS SCHEDULE (continued)

at scenic points to learn and practice. Bring camera or sketchpad with colored pencils or crayons. For meeting location, e-mail Barry.Skura@gmail.com

Sun May 1 Schaghticoke Mtn 6 miles 1,000 ft gain B-
Leader: Sue Mackson 845-471-9892 Susiem6@juno.com
Eastern Dutchess County alongside the CT border has a different feel than the west. Let's see what we can find there in spring on this moderate hike with elevation gain at moderate pace along the Appalachian Trail at the border between NY and CT. Meet 9:15 am at Starr22 Diner at intersection of NY 22 and DC 21 to carpool to trailhead at Schaghticoke Rd. This will be an in and out hike, or a shuttle, depending on number of participants. Call leader at 7:30 am on morning of hike if questions about the weather.

Fri-Sun May 6-8 The Maryland Challenge Pete McGinnis
If interested contact Pete McGinnis at pmcgin1@aol.com. Start training now for the Mountain Club of Maryland Hike across Maryland 41 miles from Pen Mar in Pennsylvania to Harper's Ferry in West Virginia. We will leave Friday, the 6th and return Sunday the 8th. Hike starts at 5:45 a.m. and must be completed by 8:30 p.m. on Saturday. Great people, beautiful trails. Water and food are provided on the trail. For further info check the *Monthly Explorer* at www.marylandoutdoorclub.org. For the entry form contact Patty Williams at pattysteve01@comcast.net.

Sat May 7 Mt Beacon-Wilkinson Ridge 7 miles B+
Leader: Alvin DeMaria demonalvin@yahoo.com (by Thur evening) 845-255-1704 Meet: Parking area for Mt Beacon on Rt 9D in Beacon, 9am We will hike up from the old inclined railway parking area, and go to the fire tower. Then over to the Wilkinson trail on the eastern ridge, looping back eventually to cars. Steep at the start, but moderate after that.

Sun May 8 Long Path :High Point to Berme Road Scouting Hike B + Leader: Lalita Malik - 845-592-0204 (H), (845) 724-5786 (C), or LalitaMalik@aol.com
This hike will take us on the proposed Long Path that our chapter will maintain. The trail will begin on Berme Road and connect with Smiley carriage way and Berry Picker trail coming from Sam's Point. We will use GPS coordinates to follow the flagged trail from Berme Road. Great views on top. For details check out the master plan for Minniwaska State Park. Expect some bush whacking. Waterproof shoes, pants and poles recommended. Please bring plenty of water (2-3 liters), add electrolytes to the water and plenty of food. Meet 9:00 AM at the Diner in New Paltz, in Super Stop and Shop Plaza. Contact leader for carpool east of the Hudson.

Sat May 14 Paddling- Constitution Marsh, Cold Spring (Beginner level) Leader: Don Urmston Durmston@hvc.rr.com (preferred) 845-549-4671
We will paddle approx. 3-4 hours in this historic wetland environment. With some luck, we'll make it to the waterfall at the far end of the marsh. Bring food, water, sunscreen. PFD (life vest) required. Beginners are welcome. We will have to leave early to catch the correct tide. Contact leader for time and meeting place by May 12.

Sat May 14 Blackhead Range 12 mi A
Leader: Cal Johnson hikeski@hvc.rr.com (preferred) 845-246-2006 before 10PM Joint with Albany Chapter
This hike will be on the Colgate Lake, Escarpment, and Black Dome trails. There are numerous vistas, providing views of the Hudson River Valley and Catskill peaks from south to west. There are some steep, strenuous climbs on this hike. Distance is about 12 miles with around 2700' of ascent. At a steady 1.5 MPH pace, plus breaks, this hike will probably take around 8.5-9 hours. Carpooling can be arranged to meet leader at the railhead parking lot on Barnum Rd. in Maplecrest at 8am. Steady rain or no sign-ups by May 11 cancels.

Sun May 15 Hike the South Taconic Ridge Strenuous 5-6 miles B+ Leaders: Georgette Weir, geweir@optonline.net and Jean-Claude Fouere, 845-462-0142
We'll set up a shuttle if we have enough interest, or do a loop from Robert Brook Trail if not. Magnificent views, beautiful ridgetop rocks, steep climbs to enjoy them, but at a moderate pace (2mph). If we shuttle, we'll climb up from the southernmost trailhead, then north on the South Taconic Trail to Dutchess County's highest point, Brace Mountain (2311'), then to and down the Robert Brook Trail. Contact leaders for meeting time, place and carpooling arrangements.

Sun May 15 Ghoulish History Walk: Poughkeepsie Rural Cemetery 3-4 hour Walk
Leader: Jack Economu jaecon@verizon.net 471-2236
Register by May 10. Rain Date: Sun May 22
Jack Economu has led many tours of this history laden Poughkeepsie landmark. We are lucky that he'd like to share tales of the cemetery and some of the folks for whom it is a final resting place. Learn the configuration of burial when a decedent had two former spouses. Meet 10am within the entrance gate. Bring lunch and water. Plan to spend half day.

Sun May 15 Rockefeller Preserve with a Sketchpad and Camera B Leaders: Barry.Skura@gmail.com and Kathy Skura (914-779-0936) Intro to sketching and photo composition while rambling thru a more secluded 7 mile section of the park east of Route 448. Open farm fields with vistas, hawks and woodlands. Bring camera or sketchpad with colored pencils or crayons. Group stops at scenic points to learn and practice. For meeting location, contact leaders.

Sat May 21 Hyde Park Patch in a Day 6.1 m B- Fast pace
Leader: Mike Cunningham 203-748-7233 or hikermiker@yahoo.com Best time to call: 7-9 pm If you email after noon on 5/20, your email will not be answered. Hike 5 Hyde Park walkabout trails & get a free patch. We will hike 5 of the trails in one day covering the following: Pinewoods Nature Trail loop, Hackett Hill Park trails, Winnakee Nature Preserve Trail, Eleanor's Walk & Top Cottage Trail. We will need to drive between hikes. Trail map <http://www.hydeparkny.us/Recreation/Trails/WalkaboutTrails.pdf> If it rains bring rain gear. No dogs. Meet 9:30 am at Eleanor Roosevelt NHS parking lot off Rt 9G, where we will finish.

6 **Sat May 21 John Burroughs' Nature Sanctuary Slabsides Day: Esopus, NY Leader: Skip Doyle at**

SPRING OUTINGS SCHEDULE *(continued)*

Sat May 21 Paddling- Upper Delaware River (Beginner-Intermediate) Leader: Don Urmston

Durmston@hvc.rr.com (preferred) 845-549-4671

We will paddle approx. 3-4 hours down a stretch of non-technical whitewater. We will get wet. This is a great chance to try out moving water and improve your skills. Bring food, water, extra clothes, sunscreen. PFD (life vest) required. Difficulty level and exact location depends on water conditions. Check with leader for more information, meeting time & place. Because of driving distances, this trip will take the entire day.

Sun May 22 Paddle the RamsHorn-Livingston Sanctuary Experienced Paddlers Only Leaders: Dave & Arlene Kaplan 845-876-4642 (before 9:30 PM)

Paddle from Dutchman's Landing about 1/2 mi. down the Hudson River and into the RamsHorn-Livingston Sanctuary. This is a marshland wildlife preserve. Optional paddle up Catskill Creek. Bring binoculars, lunch & water. PFDs required. Rain cancels; high winds may cancel. Call leader if uncertain. Participants must pre-register w/ leader. Meet at Dutchman's Landing. Driving Directions: Rt. 9W or NYS Thruway to Catskill, NY. Follow Main St. to its end at the Hudson R. Park entry is on L, just before the oil tanks. To join paddle notify leader by May 22.

Sat May 28 T.H.E. Trip (Tivoli-Hudson-Esopus) Paddle Leader, Jeff Kaplan (845) 928-1730 before 9 pm or

mailto:fitdoc@sprintmail.com Skill Level: canoeing / kayaking with enough experience to be able to cross the Hudson River (with support) A pleasurable five (5) mile excursion that begins at and returns to Tivoli. We'll depart by 9:45 AM and go diagonally NW crossing the Hudson River and aiming towards the landmark beacon—the Saugerties Lighthouse—a venerable redbrick lighthouse built in 1869 at the mouth of the Esopus Creek. We then enter the Creek, travel up past the bridge, return to the lighthouse for lunch (BYO) after which we'll return to the point of origin. Clearly this Canoe/Kayak Trip is not for beginners, but it promises to be relatively easy, depending, of course, on the weather, wind, tides, current, boat traffic, etc. We'll be having a shore picnic near the lighthouse; there's a nice little park there with benches and a table under a tree, with extraordinary views up and down the river. On the north side of the lighthouse, there's a great sandy beach. You might want to bring a bathing suit Bring lunch, water, and sun block, PFD, canoeing or kayaking equipment. Heavy rain cancels. Register by May 26th.

May 27-30 Paddling- Erie Canal – Montezuma / Seneca Falls (Beginner) Leader: Don Urmston

Durmston@hvc.rr.com (preferred) 845-549-4671
Our trip begins Fri evening with a warm up paddle from our base campground on the Erie Canal. Saturday we will paddle past the Montezuma Wildlife Refuge, down the Seneca-Cayuga Canal to Seneca Falls. In the afternoon, we will visit museums and/or wineries. Sunday is a full day of paddling along the Erie. Monday, we go home. Distances 10-15 miles per day. PFD (life vest) required. Must register by May 6 to hold campsites. ADK Members Only.

NOTE: CHOICES, CHOICES! You can join Barry and Kathy for the entire camping trip as described below, or join one of the day trips separately (see writeups following this one) All venues are close by.

Sat– Mon May 28 -30 Camping in the Catskills with a Sketchbook or Camera Leader: Barry Skura 914-779-0936 or Barry.Skura@gmail.com

Car camp and hike in the Central Catskills while learning about the Hudson River Artists. Sketch, paint or photograph some of the awesome views that inspired these artists. B to C+ level hikes at Olana, Giant Ledges and Overlook Mountain. Approx \$20 camp site fee No artistic experience necessary. Register via e mail to leader indicating your hike and backpack experience and that you are an ADK member.

Sat May 28 Olana with the Hudson River Artists 5 m C+ Leader: Kathy Skura (914-779-0936) and Barry Skura, Barry.Skura@gmail.com Learn about the Hudson River artists while hiking and touring Frederick Church's Catskills estate. Learn and practice basic sketching and photo composition techniques at some of the same viewpoints that inspired Church and other Hudson River artists. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail leader. Also see May 29/30 hikes.

Sun May 29 Giant Ledges with Sketch Pad and Camera 7m B+ Leader: Kathy Skura (914-779-0936) and Barry Skura (Barry.Skura@gmail.com)

Hike to one of the Catskills views that inspired the Hudson River artists. Introduction to sketching and photo composition during moderately paced 1800 foot climb. Learn and practice at Giant ledges. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail leader. Also see May 30/31 hikes.

Monday May 30 Overlook Mountain with sketch pad and camera 5 miles B Leaders: Kathy Skura (914-779-0936), Barry Skura Barry.Skura@gmail.com

Hike to a classic viewpoint that inspired the Hudson River Artists. Introduction to sketching and photo composition during moderately paced 1400 foot climb. Learn and practice at several great viewpoints. Bring camera or sketchpad with colored pencils or water colors. No artistic experience necessary. For meeting location, e-mail Barry as above. Also see May 28/29/ hikes.

Tue May 31 Lower Wappingers Creek Evening Paddle B/C Leader: Dave Webber webberd1@yahoo.com or

845-452-7238. Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD Required! Directions: Participants must have a kayak 13.5 foot or longer with 2 bulkheads. From Rt. 9D take CR28/New Hamburg Road towards New Hamburg, turn right on Creek Rd for about a mile to the launch on the left.

Sat June 4 Enjoy National Trails Day with a Loop Hike on Bear Mountain 7.5 strenuous B Leader: Jean-Claude Fouere 845-462-0142 or jcfouere@optonline.net.(cont pg 8)

SPRING OUTINGS SCHEDULE *(continued)*

Appalachian Trail from Fort Montgomery to Bear Mountain summit (at 1284 feet) with descent on the Major Welch Trail The hike will cover the new AT section that includes impressive stone work and dramatic Hudson River views, pass through two historic Revolution-era forts, the Bear Mountain Zoo, and go around Hessian Lake. We may bump into Trail Conference folks, who will be opening a new handicapped accessible trail on the summit that day. Contact leaders for meeting time and place.

Sat June 4 Paddle the Upper Delaware River (Beginner-Intermediate) Leader: Don Urmston

Durmston@hvc.rr.com (preferred) or 845-549-4671

We will paddle approx. 3-4 hours down a stretch of non-technical whitewater. We will get wet. This is a great chance to try out moving water and improve your skills. Bring food, water, extra clothes, sunscreen. PFD (life vest) required. Difficulty level and exact location depends on water conditions. Check with leader for more information, meeting time & place. Because of driving distances, this trip will take the entire day.

Sat June 4 Wallkill River Paddle – New Paltz to Rifton Leader: Skip Doyle info@EsopusPreservation.org

Meet at Sojourner Truth Park at 11:00 to shuttle cars to Perrine's Bridge. 12:00 put-in at Sojourner Truth Park. 8 miles on meandering Wallkill River through historic towns of New Paltz and Esopus. Flat water, slow current, little tree coverage. Put-out at Perrine's Bridge – don't go over the dam after that! Snack break on the water – be sure to have lunch ready. Bring lots of fluids and sunscreen for a sunny day. Conclude with pastries on Perrine's Bridge and brief visit to Rifton Bruderhof community.

Sun June 5 Mt. Beacon 3-5 m with 2000' gain in elevation B- Leader: Brenda Harding Oreomort@aol.com (preferred) or call before 9 pm 845-565-8566

Spectacular views reward a steep climb to the historic summit of Mount Beacon. Mount Beacon is the second highest point in the Hudson Highlands The Casino Trail (Red blaze, 2.0 miles) begins at the parking area Kiosk and gains 2,000 feet in elevation, passing several viewpoints in its climb to the summit. Possible additional trek to the fire tower where on a clear day you can see NYC. Rain cancels. From NY Route 9D, look for Bob's Corner Store in Beacon. Turn into the parking area for Scenic Hudson's Mount Beacon Park.

Tue Jun 7 Poughkeepsie Waterfront Evening Paddle B/C Leader: Dave Webber webberd1@yahoo.com or 845-452-7238

Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: From Route 9 take the Main Street exit. Go west and make a right onto Water Street. Waryas Park is 500 feet on the left. Launch at boat ramp.

Wed Jun 8 Evening Hike AT Route 22 to Cat Rock C+ (under 5 miles) Leader: Sue Mackson 845-471-9892

Susiem6@juno.com There are 2 hills here each with a view and we will walk them slowly. There are also woods, a swamp, and a wet meadow where, each year, I hope to see crested iris. We will be just outside Pawling Village, but as we sup, we might imagine that we are worlds away. Lv Po'k at 5:30, from the

Page Lumber parking lot on Route 55. We'll stay til dark. Bring water and supper.

Sat June 11 Plum Point Beach Clean-up & Paddle

Leader: Don Urmston 845-457-4552 or durmston@hvc.rr.com

Help us clean up the beach at Plum Point for our 10th annual PaddleFest. Bring garden rakes (not leaf rakes), wheel barrows, work gloves, plastic garbage bags and picnic lunch. Meet at 9 AM; work until 1 PM. Then enjoy an afternoon paddle, if the weather is good. Bring boat & gear. Driving directions: Rt. 9W south from Newburgh. Look for Pier 9 caterers on R. Get into L lane. Turn L between Newburgh Toyota & the bowling alley. Follow road to the river.

Sun June 12 MH-ADK's 10th Annual PaddleFest

Our biggest paddling event of the year. Test paddle a variety of kayaks. Get free lessons for beginner and intermediate paddlers. Take a guided tour. Browse the used gear sale. If you have gear to sell, contact Ralph Pollard at 845-462-3389 or ralphpollard@verizon.net. Bring a picnic lunch or buy food there. This event is sponsored by Eastern Mtn. Sports, The River Connection, Great Blue Outfitters and MidHudson Subaru. Go to www.midhudsonadk.org/paddlefest.htm for full information. Contact Russ Faller at 845-297-5126 or russoutdoors@yahoo.com with questions.

Tue Jun 14 Poughkeepsie Waterfront Evening Paddle B/C Leader: Dave Webber webberd1@yahoo.com or 845-452-7238

Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: From Route 9 take the Main Street exit. Go west and make a right onto Water Street. Waryas Park is 500' on the left. Launch at boat ramp.

Sat June 18 Leaders Choice Hike -- Western Orange/ Eastern Sullivan Cty B Leader: Brian Sullivan 594-9545

Co-Ldr: Sue Mackson 845-471-9892 susiem6@juno.com
This is an afternoon hike, at a moderate pace on mainly level paths: choice of the Rondout Valley Rail Trail, or Bashkill Wildlife Area or D & H Canal in Wurtsboro. Register with leader by June 10 for meeting time & location.

Sat June 18 - Sun June 19 Paddling-Camping on the Hudson River Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Launch at Manitou and paddle, with the tides, to Wappingers Falls. On this majestic and historic section of the river, we'll pass West Point, Constitution Island & Bannerman's Castle. Total of 20.8 miles. Arrive at put-in early evening on Fri June 17. Experienced paddlers, w/ min. kayak length of 13.5 ft. & dual bulkheads or flotation. PFDs required. Register w/ leader by June 13.

Fri-Sun June 17-19 Graymoor, Garrison, NY

Leader: Skip Doyle info@EsopusPreservation.org.

Healthy weekend of body, mind, and spirit with full-day Hudson Highlands hiking at a moderate pace on Saturday, canoeing for the nonpaddler in Constitution Marsh on Sunday,

SPRING OUTINGS SCHEDULE *(continued)*

and yoga throughout at Graymoor. \$200 single; \$150 ppdo. Events only open to members attending the entire weekend.

Sat-Sun June 18-19 Beginner Backpack Overlooking the Catskills Leader: Barry Skura 914-779-0936

Barry.Skura@gmail.com Experience impressive Catskills views -- from Overlook Mountain and either Indian Head Mountain or Huckleberry Point. About 15 miles. No backpack experience necessary, but you must be physically active and have recent day hiking experience. Some equipment loans are possible. Register via e mail to leader indicating your hike and backpack experience and that you are an ADK member.

Sat June 18 South Mountain – Catskills 10 m B+ Leader: Cal Johnson hikeski@hvc.rr.com (preferred) 845-246-2006 before 10PM Joint with Albany Chapter

Starting in Palenville, we will hike up an unmarked path to Palenville Lookout, site of the former Half-way House. From there we will follow part of the Rip Van Winkle Horse Trail System, crossing the former Otis Elevating Railway bed, and then ascending to the former Catskill Mountain House site. From there we will follow the Escarpment Trail, via Boulder Rock, to the former Kaaterskill Hotel site. After browsing around there we will continue on the Escarpment Trail and then take the Harding Road trail back down to Palenville. This hike will provide many fantastic views of the Hudson River Valley and Kaaterskill Clove. Distance is around 10 miles with around 1500' up & down. At a steady 1.5 MPH pace, plus breaks, this hike will probably take 7-7.5 hours. Carpooling can be arranged to meet leader at the trailhead parking lot on White's Rd. in Palenville at 8:00 a.m. Steady rain or no sign-ups by June 15 cancels.

Tue June 21 Celebrate the Summer Solstice! Join us for a Norrie Point Evening Paddle B/C Leader: Dave Webber 845-452-7238 webberd1@yahoo.com Launch at 6 PM and paddle for 1.5-2 hours, 4-6 miles at an easy pace.

PFD Required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: Rt 9 north from Hyde Park, bear left on Old Post Road towards Staatsburg and then immediate left to Mills Norrie State Park. Follow signs to the Marina. We'll launch at the south end of the parking area by the Environmental Center.

Sat June 25 Shawangunk Ridge Trail through Bashakill 7.5-9.5 m B to B+ Leader: Pete McGinnis at pmcgin1@aol.com

Hike a beautiful section of the Shawangunk Ridge Trail through the Bashakill Wildlife Management Area on the Bashakill Rail Trail. A truly beautiful section to hike along the Long Path. If there are no Long Path Section hikers we will avoid a section of roads and hike will be 7 1/2 miles (5 1/2 through BashaKill). For entire section it would be 9 1/2 but mostly level, very little elevation gain. Last section of hike will take us through Wurtsboro with a stop at the wonderful Catskill Hiking Shack with opportunity to resupply or expand our inventory. We will gather at Fishkill Holiday Inn or Lexus Diner in Newburgh, 8 a.m. or shortly thereafter.

Sun June 26 Paddling- Kayak Skills Class, Plum Point, New Windsor (Beginner-Intermediate) Leader: Don Urmston Durmston@hvc.rr.com (preferred) 845-549-4671

Your MHADK trip leaders will share their knowledge of kayaking skills including basic paddling techniques, rescue & safety, and more. Class runs 9am-1pm, then we may go for a paddle to try out our new skills. PFD (life vest) required. Bring food, water, extra clothes. Participants must have their own equipment- rental available at Eastern Mtn. Sports – Rte. 9. ADK Members only. Register with leader by June 24.

Sun June 26 7 trails, 6 bridges, 5 bathrooms, 4 lakes, 3 mountains, 2 forts, 1 zoo. Leader: Skip Doyle info@EsopusPreservation.org

Meet the giants of literature, history, and nature –Walt Whitman, Anthony Wayne, and Raymond Torrey. 10 miles, 2,500' elevation gain, moderate pace. Contact leader for meeting place time and location.

PASSING THE BATON!

For the past ten years, about two weeks prior to each outing, each trip leader would receive an envelope with a sign-up sheet and a stamped envelope, which was meant to return the post-trip signed sheets and leaders' reports about each trip. The packet appeared as if by magic--no last minute calls asking for an address, no need for apologies for lateness. This little corner of our volunteer activities ran like clockwork. The person behind the magic was Nancy Morrill, who once lived in the MidHudson Valley, but repaired to the Adirondacks at about the same time she took up her "Outings Log Editor" position. As those of you who've hiked with Nancy know, paperwork is not her first love--the outdoors is! We are happy that she will have a bit more time to enjoy nature's beauty now that she's passing on the baton to new member, Jane-ellen Malinowski. Thank you, Nancy, for all the great work you've done for our chapter over the past ten years! We know we'll see you on the trails!

We welcome Jane-ellen, who lives in Dutchess Cty! She's been going out with our Thurs hiking group and is ready to jump right in and fill the vital role that our friend, Nancy, leaves behind. We're glad to have you join us, Jane-ellen!

Ackerman Quinn

FINANCIAL SERVICES, LLC

Thomas A. Ackerman

Denny Quinn

Financial Consultants

110 Main Street, Suite 2B
Poughkeepsie, NY 12601

Phone: 845-485-5800
Toll-Free: 800-697-5040
Fax: 845-485-6950

Contact us for a free retirement analysis

Securities offered through Prime Capital Services, Inc., Member FINRA/SIPC
Ackerman Quinn Financial Services, LLC and Prime Capital Services, Inc. are not affiliated

Sat. May 7 The Maryland Challenge

If interested contact Pete McGinnis at pmcgin1@aol.com.

Start training now for the Mountain Club of Maryland Hike Across Maryland

41 miles from Pen Mar in Pennsylvania to Harper's Ferry in West Virginia. We will leave Friday, the 6th and return Sunday the 8th. Hike starts at 5:45 a.m. and must be completed by 8:30 p.m. on Saturday. Great people, beautiful trails. Water and food are provided on the trail. For further info check the Monthly Explorer at www.marylandoutdoorclub.org. For the entry form contact Patty Williams at pattysteve01@comcast.net

Sat. May 7 Black Creek Clean-out & Paddle

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Come help us with our annual Black Creek Water Trail maintainance. If you don't have a boat or gear, contact leader for loaners We'll work for a few hours in the morning, then take a paddle on the creek for those interested. Bring lunch, water, boat, PFD, watershoes, gloves, loppers, saw, ax and/or rope. If you don't have gear, contact leader for loaners. Meet at 9:30 AM in the grassy parking area (across from the Motel 299) on the SW side of Rt. 299 & the Black Creek bridge. This is about 1.25 mi. W of Rt. 9W and about 5 mi. E of New Paltz.

Sat. June 4 Harriman Park –Pine Meadow Lake Laurel Hike 4 mi easy Level C

Leader: Sue Mackson susiem6@juno.com 845-471-9892

Join me for a loop hike on mostly woods roads with some mild elevation changes in the area of Lake Sebago. Two nice viewpoints

One of our paths will be lined on either side with Laurel, hopefully in bloom. Meet 10:30 at MacDonalds on Rte 9 in Wappingers to carpool. Inclement weather cancels. Contact leader by June 2

Sat. June 25 Fishkill Creek Water Trail Project

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

The Fishkill Creek Water Trail Project is about to resume. So far, we've cleared a canoe/kayak route from Glenham to Fishkill. We'd like to go straight through to Hopewell Jct. Come help us do this! Bring lunch, boat, PFD, watershoes, work gloves, loppers, saw, ax, and/or rope. If you don't have a boat, gear or tools, contact leader for loaners. Contact leader for meeting time/place.