

WINTER OUTINGS SCHEDULE

OUTINGS: WHAT YOU WANT TO KNOW BEFORE YOU GO!

Class A—Difficult: More than 1500' climb or more than 8 mile miles

Class B—Moderate: Less than 1500' climb, 6-8 miles

Class C—Easy: Well-graded trails, less than 6 miles

Walk—Suitable for Children, less than 4 miles

Participants should observe the following:

*Notify leader of your intent to join an outing.

*Be at designated meeting place on time.

*Be properly dressed, including sturdy footwear, for season & type of outing.

Be properly equipped. Water, lunch and extra snacks, rain jacket and the Ten Essentials should be in your pack.

*To bring a dog, call leader to get permission, bring a leash, and be able to control dog and be responsible for its needs (water and food).

Car Pooling (encouraged) CP expenses will include \$.20/mile + tolls and parking fees to be equally divided among all non-driving participants. The total collected will then be equally divided among the drivers. Drivers may opt out of this guideline and make alternative expense sharing arrangements with their riders.

Please contact leader before trip so s/he can facilitate.

Non-Members are enthusiastically welcome to join any outing as guests. Those who enjoy our scheduled activities and wish to continue joining them are encouraged, after participation in two outings, to help support ADK by becoming members.

WINTER BIMONTHLY HIKES

Winter Bimonthly Mid Week hikes: C/B. On the first and third Thursday of the month the leaders offer 3-6 hour hikes to different areas of the Mid Hudson Valley. Hikes are followed by a stop for refreshment. There is a separate google group just for these hikes. Contact Leaders: Ginni Fauci at 845-658-3902 or vfauci1@hvc.rr.com or Lalita Malik at LalitaMalik@aol.com or 845-592-0204, by Tuesday to get the hike plan, depending on weather and other conditions. Jan 1, Jan 15, Feb 5 & 19, Mar 5 & 19. Joint with Sierra.

*www.midhudsonadk.org>Outings Schedule>Ten Essentials

Every Friday - ADK Breakfast Group

Please join the small ADK group which gets together every Friday in Highland. It's a pleasant way to end the week and to start the weekend. The breakfast is held at the Highland Cafe where the food is extra good. The starting time is 7:00 AM, but latecomers are welcome, too. Please contact Ralph Pollard (email ralphpollard@verizon.net, phone 462-3389) if you would like further information.

NOTE QUADRICENTENNIAL OUTINGS!

In conjunction with the Quadricentennial Year marking Henry Hudson's exploration of the river which eventually was named for him, we plan a series of hikes and paddles, some of them emphasizing the history of the river valley, some of them simply affording views and glimpses of "our" river. In the following schedule, these outings are designated as HHQ.

Jan 1 Wappingers Greenway Trail to Hudson Rv C Hudson River History Hike HHQ

Leader: Georgette Weir, 462-0142

Kick off the Quadricentennial Year marking 400 years since Henry Hudson's sail up the river with a walk from the Village of Wappingers to New Hamburg along a Greenway trail. We'll start from the Market Street industrial park and walk approximately 2 miles on a woodland trail along the Wappingers Creek to a point overlooking the Hudson River in New Hamburg. Then back the way we came. Some up and down. Optional after hike cookies (bring some to share) and hot cider at the leader's home. Meet to depart 12:45 in the parking lot of Staples, between Rtes 9 and 9D (meet on the 9D side) or at 1 in the parking area of the Market St. industrial park. Call to confirm.

Jan 4 Vanderbilt Estate Walk C Leader: Beth Willis 845-373-8202 HHQ

Enjoy crisp winter air and great river views on a loop hike of Vanderbilt estate Loop following the lower and then upper carriageways. Meet 1:00 pm. Call leader for meeting place Inclement weather cancels.

Jan 16-19 Weekend in the Adirondack High Peaks Varying levels and Activities

Leader Pete McGinnis at 845 454 4428 or pmcgin1@aol.com

Martin Luther King Weekend To reserve a spot for the Weitzel Trail Cabin near Lake Placid, send your check as soon as possible to: Pete McGinnis, 515 Haight Avenue, Poughkeepsie 12603; E-mail any questions to pmcgin1@aol.com. Your check is your reservation. The cost is 67.50 per person for the 3 nights. There are four rooms with 2 bunk beds in each room; separate bathroom facilities for men/women; kitchen and living room. It's conveniently located to the parking lot and trails for all levels of hiking, snow showing and cross country skiing. We may have a group meal on Sat evening.

Jan 17-19 Hiking and Backcountry Ski Workshops in Central Adirondaks for Martin Luther King Weekend. Leader: Barry Skura, Bskura@optonline.net, 914-779-0936.

Motel "base camp" at Long Lake, in Central Adirondacks.

Choice of instructional hikes and backcountry ski trips each day. Open to everyone who would like to learn or enhance their winter mountain skills. Possible equipment loans. Register by sending e-mail to leader indicating that you are an ADK member, with description of your prior hiking or cross-country ski experience.

Jan 31 Harriman B+ Leader: Alvin DeMaria 845-255-1704 HHQ

8 mile hike. From Anthony Wayne parking area, we will take Timp-Torne trail to the Timp, and return on Ramapo-Dunderberg and Beechy Bottom Road. If snow conditions dictate, we can

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shorten the hike at 3 different locations. Be prepared with winter gear. Contact leader for meeting time and weather forecast.

Jan 31 Snowshoe Carnwath trail (T/Wappingers) C
Distance: 1 mile Leader: Ollie Simpson 845-298-8379 (no answering machine) olliesimpson2005@yahoo.com
Description: Carnwath Farms is a T/Wappingers park. A trail was built recently that provides views of the Hudson and 2 bridges. We'll snowshoe about 1 mile (or more if there is interest). Bring a sled if you wish to sled on the hill. We'll hike if there is no snow. Meeting time/place: 10:00 AM at Carnwath Farms upper parking area Directions: Route 9D south from Wappingers; right at light in Hughsonville on New Hamburg Road (DC28); left at fork onto Wheeler Hill Road (sign "Welcome to Wheeler Hill Historic District. Carnwath Farms); left at stop; right into Carnwath. Use parking area on left above manor house.

Feb 1 Roosevelt Estate Trails C
Hudson River History Hike HHQ
Leader: Georgette Weir, 462-0142
We will follow trails through the woods at the Roosevelt estate in Hyde Park and find a view of the Hudson River. Some up and down. Be prepared for icy trails (micro-spike or mini crampons recommended. After, enjoy the film at the visitor's center, tour the presidential home and/or library, and enjoy a snack at the café. Meet: 11 am outside the entrance to the visitor's center. Call to confirm.

Feb 8-9 "First Timers" or "Old Timers" - Experience the thrill of winter backpacking!
Leader Barry Skura, Bskura@optonline.net, 914-779-0936

Backpack to set up base camp about 1 mile from trailhead. Set up tents for 1 night winter snow camping. From base camp – instructional snowshoe /crampon day hikes about 6-7 miles/day. Strenuous climbs with exhilarating winter summit views on Blackhead Mountain, Black Dome Mountain and the Escarpment Trail. Strong 3-Season backpackers with understanding of winter backpacking basics & proper gear may register. Register by sending e-mail to leader indicating that you are an ADK member, with description of your prior hiking and backpacking.

Feb 7 Garrison : Moderate hike about 9 miles B+
Leader: John Kolp, 845-496-1731 HHQ
Approximately 9 mile hike from Garrison train station along the Hudson around Arden Point. Then approach Castle Rock and South Sugarloaf to hike the Osborne Loop and AT. Might ascend Sugarloaf on the way out to take in panoramic views if weather permits. Bring appropriate footgear. Inclement weather/bad road conditions may cancel. Meet 10:06 train at south end of Metro-North station in Garrison, NY in Putnam County. Follow signs to station from junction of NY 9-D and NY 403.


Feb 8 Locust Grove The Samuel Morse Historic Site
Leader: Beth Willis 845-373-8202 HHQ
New trails and old with hilltop and riverside views of the Hudson. Easy walking on broad paths in a mixed hardwood forest Meet: 1:00 pm. Inclement weather cancels. Call leader to register.

Feb 10 Chapter Meeting Photography Show: Nature in Winter
Rockerfeller Hall, Vassar College 7 pm
Presenter: Al Poelzl. Al Poelzl is a member of the Mid-Hudson Photography Club as well as our ADK Chapter. His curiosity about nature started with hatching out caterpillars in a tree growing in his New York City backyard. Decades later he has great familiarity with local flora and fauna. Al uses various photographic techniques like double exposures, magnification and unique angles to capture the landscape and wild life. Fearless he gets right up close to his subjects Join us for Al's presentation of Winter.


Feb 14 Explore Poughkeepsie History C
& Architecture HHQ
Leader Noel Tepper Email (preferable) noeltepper@yahoo.com or call 845-452-5010 (7-10pm)
The first of a series of two or three outings combining a 30 minute indoor showing of locally made documentary films with 2 hour walks through Poughkeepsie. The leader will narrate stories of its places and people, and along the way will tell stories of 45 years of legal practice in Poughkeepsie. Hikes will include examination of historic buildings, "fashionable south side", Springside, Vassar and Smith Brothers influence, the waterfront, railroad bridge, and varied neighborhoods of the Queen City of the Hudson. Dress warmly Meet: 10:00am. . Reservations necessary by one full day in advance of each hike. You may choose to join one or more of these outings. Second hike is on Feb 28th. March 21 will serve as a rain date or for an extra day of exploration if there is interest.

Feb 15 Minnewaska -Jenny Lane to Rainbow Falls A
Leader: Pete McGinnis at 845-454-4428 or pmcgin1@aol.com
10 miles of moderate pace. Join me as I prepare for a 41 mile all day marathon on May 2 in Maryland (see below) Register with leader for details.

Feb 21 X-C Ski - Leader's Choice Moderate
BLeader: Russ Faller 845-2975126 (before 9:30 PM) or russoutdoors@yahoo.com (preferred).
We'll cross-country ski where the snow is the best in the MidHudson Valley. If Mother Nature does not cooperate, we'll hike. Contact leader for meeting time/place.




Ellen Zelig, CRS, GRI
Licensed Associate Broker
ellen.zelig@prudentialserls.com



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Feb 20-22 Winter Recreation Weekend at Graymoor: See writeup on bottom right side of page 10 Leader: Skip Doyle

Feb 28 Explore Po'k History & Architecture C/HHQ
Leader Noel Tepper. Email (preferable) noeltepper@yahoo.com or call 845-452-5010 (between 7 & 10 pm) See Feb 14 for description.

Mar 1 Black Creek Forest C
Leader: Beth Willis 845-373-8202 HHQ
Walk two or three miles at this Scenic Hudson Park on the west shore of the Hudson The trail begins with a 150 foot elevation gain and then winds through a gently sloping forest path ending at the river. Views of shore life should be good when the leaves are down and life is reviving. Meet: 1pm Call leader for meeting place. Inclement weather cancels.

Mar 7 Field Trip to Albany Walk
Hudson River History Hike
Leaders: Salley Decker (454-4206 evenings) & Lalita Malik (lalitamalik@aol.com)
Plans are to visit the New York State Museum, take a one-hour tour of the NYS State Capitol, and visit the Corning Tower Observation Deck. Admission to museum is by donation. Possible parking fees in Albany to be shared by participants. Car pool (shared cost). Bring lunch and beverage, although there may be options available. Good walking shoes recommended. Proof of identity may be required for tours. Tentative plans are to meet to carpool at 8:00 AM and return by 6:00 PM (or later if we choose to eat before returning home). Please contact leaders to express interest at least two weeks before March 1st. If there is a group larger than 10, we will need to make reservations for the free tours. If interested in more information, please contact Salley for web sites. Weather conditions could alter plans or cancel trip. NOTE: If you are interested in this outing, feel free to contact us sooner rather than later!

Mar 10 Chapter Meeting
Topic: Outfitting the Outdoors Person via Eastern Mountain Sports! Location is yet to be determined so check your snail mail and weekly email updates in early March.

Mar 14 Croton Aqueduct Trail C
Hudson River History Hike HHQ
Leader: Georgette Weir 845-462-0142
A level 5-7 mile walk in Sleepy Hollow territory with Hudson River views. We may walk round-trip or shuttle back to our start via Metro-North. Leader is investigating details as of the deadline for this newsletter, so contact her for more info.

Mar 21 Undercliff Overcliff Trail C
Leader: Lalita Malik, LalitaMalik@aol.com, 845-592-0204
Enjoy magnificent views of Shawangunks Mountains, Mohonk and Minniwaska on this easy 5 mile loop on carriage roads in Mohonk Preserve. Meet at New Paltz Diner parking lot at 10:00 am. Please confirm participation.

Mar 21 Explore Po'k History & Architecture C-Walk
Leader Noel Tepper Email (preferable) noeltepper@yahoo.com or call 845-452-5010 (7-10 pm) See Feb 14 for description. This date may serve as a rain date for Feb 14 or 28 or as the third outing in this series.

Mar 22 Black Rock Forest A
Leader: John Kolp, 845-496-1731 HHQ
A moderate paced 10 mile ramble through the woods starting with a minor climb over seldom visited Whitehorse Mtn, then onto the day's only major climb over Black Rock. A mix of trails and roads takes us around Tamarack Pond and the Chatfield Stone House to return via the Reservoir Trail. Bring appropriate footgear. Inclement weather/bad road conditions may cancel. Meet at Black Rock Fish & Game Club parking area in Orange Cty at junction of NY 32 and Angola/Pleasant Hill Road at 9:55 AM.

Mar 28 AT in Massachusetts
ALeader: Pete McGinnis: 845-454-4428 or pmcgin1@aol.com Contact leader for details.

Mar 29 Spring in Brookyn C+
Leader: Sue Mackson 845-471-9892 or susiem6@juno.com
Metro North and subway and 3-4 mile walk from the Brooklyn Borough Hall area will enable us to visit the Brooklyn Botanic Garden to see early flowering bulbs, a Japanese Hill & Pond Garden and a vast collection of plants ready for springtime awakening The garden is included in *1001 Gardens You Must See Before You Die*. Time permitting, we'll also stroll through neighboring Prospect Park, or the Brooklyn Museum. Meet: Poughkeepsie Metro North Station 7:15 .to catch the 7:33 train.

Apr 17-19 The Old Loggers Path, NE PA. Backpack
Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com.
The Old Loggers Path is one of Pennsylvania's premier loop trails because it showcases some of the state's most scenic areas. A 27-mi. loop of moderate difficulty with mostly gradual ascents/descents & some steep sections. Limited to 10 in good physical condition. Participants need own gear & food. Meet at trailhead at 1 p.m. Fri. Contact leader to register.

April 11 Canoe & Kayak, Quiet Water, Bantam River, Western CT
Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com (preferred)
Paddle this narrow flatwater river as it twists through the White Memorial Conservation Center in Connecticut's Litchfield County and into Bantam Lake. This is a natural area with birds, turtles and undeveloped banks. Expect beaver dams. Bring lunch and water. You must have own car-top boat and equipment. PFDs required. Contact leader if you don't own a boat. Beginners welcome. Group size limited, so don't wait to register. Joint with AMC. Rain cancels

May 2 The 41 mile section of the Appalachian Trail through Maryland. Leader: Pete McGinnis: 845-454- 4428 or pmcgin1@aol.com.
We will travel to Pen Mar and either stay in the firehouse (free) or share a motel room Friday. We will come back from Harpers Ferry on Sunday. Join the leader in training for and participating in HAM Hike Across Maryland annual event. Contact leader for more details if interested.