

**Better Better Bottle Bill (BBBB) Update**

Nearly 2.5 billion bottles of water a year are sold in New York alone; over 31 billions were sold in the whole country in 2006 generating a tremendous amount of solid waste as the majority of the bottles are not being recycled. We all routinely notice discarded bottles by roadsides, on trails and in waterways. The Bigger Better Bottle Bill that was passed in April by the NY State Legislature will expand the 5 cents deposit to water and non-carbonated plastic and glass bottles. The Bill is expected to help keeping roads, trails, streams and rivers cleaner as far fewer plastic and glass containers will be discarded, while bringing over \$100 millions of unclaimed nickels to the State general fund. However bottlers, distributors and other parties have challenged in court the implementation of the Bill. On August 13, 2009, the United States District Court for the Southern District of New York has issued an Order that partially lifts the previous injunction on the Bottle Bill Amendments impacting bottled beverages other than bottled water. The hope is to have the Bill fully implemented by the beginning of 2010.

**Learn How to Reduce Household Wastes**

One Pound of Solid Waste Per Person Per Year: Is It Possible? You are invited to attend a presentation by Chris Burger, Chair of the Solid Waste Committee of the Sierra Club Atlantic Chapter, who will tell us how his family of four has been successful at reducing solid waste down to one pound per person per year! The presentation is organized by the Mid-Hudson Sierra Club Chapter and will be held on Wednesday, Oct. 21<sup>st</sup>, 7:30PM at the Hudson River Rowing Association's boathouse, in Poughkeepsie, near Marist; Directions to the boathouse.

**Shawangunk Ridge Trail Corridor**

Conserving and maintaining trail corridors has long been a focus for members of our chapter. Just think of the years of work invested by many of our most dedicated members, such as Jane Geisler, Frank Dogil, Ollie Simpson, and many others stewarding the Appalachian Trail through our region. Our chapter's membership in the New York-New Jersey Trail Conference supports this work and other trail projects throughout the region. One of the Trail Conference's most ambitious recent projects—and one still in progress—is protecting a trail corridor along the length of the Shawangunk Ridge, from High Point State Park in New Jersey to Sam's Point Preserve/Minnewaska State Park Preserve. This quarter's outing schedule offers a chance to explore this 30+ mile long trail and learn from those working on the project a bit about the details of protecting the corridor and building the trail. The hikes will be strenuous, but we hope fun as well as educational about this important aspect of conservation work.

Please contact Jean-Claude Fouéré ([jcfouere@optonline.net](mailto:jcfouere@optonline.net)), Conservation Chair, if you wish to actively participate to ADK conservation projects.

**CHECK OUT THESE SPECIAL SERIES**

**of  
HIKES and PADDLES!**

If you are reviewing the following schedule, like to hike, backpack, or paddle, but see little that interests you, please contact Russ Faller or Sue Mackson (contact info in the schedule) to offer your suggestions or to lead an outing to a point of your interest.

**Advanced Planning: March 2010** The Weitzel Trails Cabin has been reserved for our chapter for March 26 to March 29, 2010. Reservations will be accepted accompanied by payment only. Contact: Pete MCGinnis [PMCGIN1@aol.com](mailto:PMCGIN1@aol.com) if you are interested in this proposed pleasant weekend.

**Every 4th Tuesday of the Month:** Walks and hikes in both familiar and unfamiliar territory that are shorter and more leisurely in pace than those the Thursday group is currently walking. This series of hikes will be fully described through a separate e-mail the Friday before the week of the hike. Contact Sue Mackson at 845-471-9892 or [susiem6@juno.com](mailto:susiem6@juno.com) to sign up for that email. Oct 27, Nov 24 and Dec 22

**Semimonthly Midweek Hikes: C/B.** On the first and third Thursday of the month the leaders offer 3-6 hour hikes to different areas of the Mid Hudson Valley. Hikes are followed by a stop for refreshment. There is a separate google group just for these hikes. Contact either leader by the Tuesday before the hike to find out the hike plan which will depend on weather and other conditions. Leaders: Ginni Fauci, 845-399-2170 or [vfauci1@hvc.rr.com](mailto:vfauci1@hvc.rr.com) and Lalita Malik, 845-592-0204 or [LalitaMalik@aol.com](mailto:LalitaMalik@aol.com) Oct 1 & 15, Nov 5 & 19, Dec 3 & 17.

**Semimonthly Midweek Paddles:** We paddle the second and fourth Thursday of the each month.. Paddles vary in length, difficulty, and location. Most are on quieter water; some are on the Hudson River. All are generally leisurely -- we stop for looks at birds and waterfalls and for lunch. To be included on a separately maintained email list for these trips, contact leader at [shnaber@yahoo.com](mailto:shnaber@yahoo.com) or 845-255-6005. These will continue through end of October, weather permitting. Oct 8 & 22


**OUTINGS: WHAT YOU WANT TO KNOW  
BEFORE YOU GO!**

- Class A —Difficult: More than 1500' climb or more than 8 mile miles
- Class B—Moderate: Less than 1500' climb, 6-8 miles
- Class C—Easy: Well-graded trails, less than 6 miles
- Walk—Suitable for Children, less than 4 miles


**Participants should observe the following:**

- \*Notify leader of your intent to join an outing.
- \*Be at designated meeting place on time.
- \*Be properly dressed: sturdy footwear, for season & type of outing.
- \*Be properly equipped with water, lunch and extra snacks, rain jacket and the Ten Essentials\*.
- \*To bring a dog, call leader to get permission, bring a leash, be able to control dog and be responsible for its needs (water and food).
- Car Pooling (encouraged)**  
CP expenses will include \$.20/mile + tolls and parking fees to be equally divided among all non-driving participants.

\*[www.midhudsonadk.org](http://www.midhudsonadk.org)>Outings Schedule>Ten Essentials




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## FALL OUTINGS SCHEDULE *(continued)*

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**Thu Oct 1 (Semimonthly Midweek Hike) Olana State Historic Site C**  
**Contact Salley Decker (454-4206 evenings) for EAST side of Hudson and Ginny Fauci 845-399-2170, [yfci1@hvc.rr.com](mailto:yfci1@hvc.rr.com) for WEST side of the Hudson** Enjoy a full day outing including and easy to moderate hike on 5 miles of trails. Then, tour the mansion and/or visit the art gallery. The exhibit is *GLORIES OF THE HUDSON*: Frederic Edwin Church's Views from Olana. Admission fee: \$12.00 for both; \$10.00 for Seniors age 62 and over. Fee for art gallery only is \$6.00; \$5.00 for Seniors age 62+ Bring lunch, water, usual hiking gear. Meet at Olana at 10:00 AM. However, CARPOOLS will be arranged as mentioned below. Drivers will be reimbursed based on round-trip mileage. Rain may cause hike to be changed, but house and art gallery tour will still go.

**Fri-Sat Oct 2-3 The Opening of the Walkway Over the Hudson** Volunteer opportunities still available. Check out [www.walking.walkway.org](http://www.walking.walkway.org)

**Sun Oct 4 Chapter Annual Fall Potluck Picnic and Membership Meeting** See details on cover page. *This is a super fun event! Don't miss it! See the Paddle and Hike Events included with the picnic listed below.*

**Sun Oct 4 Bridge Over the Hudson Inaugural Walk**  
**Leader: Pete McGinnis** No registration needed, but do register with Salley Decker 845-454-4206 for picnic. Meet at the Gazebo following the picnic (about 2:30pm) See picnic info below and on cover page.

**Sun Oct 4 Get a start on the Annual Picnic Fun! Morning Paddle on the Hudson River (For experienced paddlers only)**  
**Leader: Russ Faller 845-297-5126 (before 9:30 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)** Before the MH-ADK picnic begins, we'll cross the Hudson just north of Esopus Island and enter the mouth of the Black Creek. We'll then follow the west shore up to Esopus Meadows Lighthouse, cross the Hudson again to the Mills Mansion and return for the picnic at noon. 5 - 6 miles. PFD's required. Meet at the Environmental Center near Norrie Point Marina at 9am. Contact leader to register.

**Sun Oct 4 Norrie to Ogden Mills Estate – Shore Route C**  
**Leader: Sue Mackson 845-471-9892 [susiem6@juno.com](mailto:susiem6@juno.com)**  
Our perennial, but always enchanting pre picnic walk. Meet at the Norrie Point gazebo where the picnic will be held, at 9:45. Return before noon. Don't forget to register for picnic with Salley Decker 845-454-4206. (See Picnic info on cover page).

**Sun Oct 4 Possible Afternoon Paddle on the Hudson River follow-up picnic, about 2:30pm** Leader: TBD Same launch site as morning paddle. Watch weekly email updates for details.

**Thu Oct 8 (Semimonthly Midweek Paddle) See p.4 and register with Shari Aber to receive email notices re paddle details.**

**Sat – Mon Oct 10 -12 Backpack with Matisse and Picasso**  
**Leader: Barry Skura 914-779-0936 [bskura@optonline.net](mailto:bskura@optonline.net)**  
Moderate Columbus Day weekend backpack in Siamese Ponds wilderness of the southern Adirondacks. Learn to use backpacking and hiking as a source of artistic inspiration. While we are hiking, we will sketch and take photographs that you have the option of later using as a take off for paintings. Learn basic sketching techniques and also learn about the styles of Matisse and Picasso. The backpack will be about 8 miles a day. No art experience necessary but does require backpack experience. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member.

**Sat Oct 10 Hike the AT around Nuclear Lake 3-4 miles C**  
**Leaders: Bill Beehler & Ellen Zelig 845-473-5557** Meet at 10:00 AM at the Rt. 55 AT parking on north side of Rt. 55 approximately 1 mile east of Rt. 216. We will hike from the parking area to Nuclear Lake and around the lake returning to Rt. 55. Hiking shoes required, bring snack and water. Rain cancels.

**Sun Oct 11 Shawangunk Ridge Trail from High Point to Guyard Turnpike** Leaders: **Georgette Weir & Jean-Claude Fouere: [geweir@optonline.net](mailto:geweir@optonline.net) (put 'SRT hike' in subject line) or 845-462-0142** First of 3 hikes as we explore this 30+ -mile trail from end to end. Join one, two, or all three. The NY-NJ Trail Conference has been developing this trail for decades, part of a project to create and protect a trail corridor along the ridge with connections to local trails. Approximately 12 miles; shuttle. Strenuous. Registration limited. Joint with Trail Conference.

**Thu Oct 15 (Semimonthly Midweek Hike) See page 4, sign up for the Google Group notices and contact leader by the Tues before for hike details.**

**Sat Oct 17 Doodletown - in Harriman State Park B- (about 6 miles) NYNJ TC map 4, Harriman/Bear Mt.**  
**Leader: Brenda Harding (845) 565-8566 before 9 PM, or [oreomort@aol.com](mailto:oreomort@aol.com)** The abandoned hamlet of Doodletown lies in a beautiful valley surrounded by Bear Mt on the north, Bald Mt, Dunderberg Mt on the south and southeast, & West Mt on the west. Join me as we hike through this vanished hamlet and learn about the families that lived there. The last family left Doodletown in 1965 and it had been occupied since the mid 1700s (this is also the 1777 Bicentennial trail). Though few ruins remain there are signs posted where some of the homes, schools and churches once stood. There is the occasional foundation, stairs or retaining wall to remind us this was once a thriving little village. We'll visit the Doodletown brook with a waterfall and a reservoir. There are also 2 old cemeteries one of which is still being used. Because there is so much to see on this hike the pace might be more leisurely. I also have a plant list for this area if anyone is interested.. Meeting Time/Place: 9:30 AM/The hikers parking area 1.4 miles south of the Bear Mt. traffic circle on 9W just before the road into Iona Island. Bring lunch.

**Sun Oct 18 Paddle Squantz Pond, Western CT Easy**  
**Leader: Russ Faller 845-297-5126 (before 9:30 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)** Let's get at least one more paddle in before we hang the canoes & kayaks for the winter. This is a good time to go to Squantz Pond. There'll be nobody there but us. This large pond is only lightly developed on one shore and Pootatuck State Forest land on the other. Very dramatic rock outcroppings on the State forest side, with steep wooded slopes disappearing into cool, blue water. **Beginners welcome.** Bring lunch & water. PFDs required. Contact leader for meeting time/place.

**Sun Oct 18 Black Rock Forest 7 miles; B**  
**Leader: Alvin DeMaria; 845-255-1704; [demonalvin@yahoo.com](mailto:demonalvin@yahoo.com)** A moderate loop: Black Rock Mtn, the White Oak tree, Arthurs Pond, Hill of Pines, Mt Misery. Meeting place/time: Black Rock main parking lot (off 9W) at 9:30 AM

**Thu Oct 22 (Semimonthly Midweek Paddle) See p.4 and register with Shari Aber to receive email notices re paddle details.**

**Sat Oct 24 AT in Sterling Forest. 10 miles/B+**  
**Leader David Koehler 917-613-2043 or [k2dave88@yahoo.com](mailto:k2dave88@yahoo.com)**  
Hike 10 miles in Sterling Forest section of the AT from Orange Turnpike to NY RT 17A over Mombasha High Point and the Cat Rocks. Register by October 23.

## FALL OUTINGS SCHEDULE (continued)

**Sun Oct 25 Shawangunk Ridge Trail from Guymard Turnpike to Wurtsboro (passing thru Basha Kill Wildlife Management Area)**  
**Leaders: Georgette Weir & Jean-Claude Fouere: [gweir@optonline.net](mailto:gweir@optonline.net) (put 'SRT hike' in subject line) or 845-462-0142** Second of 3 hikes as we explore this 30+ -mile trail from end to end. The NY-NJ Trail Conference has been developing this trail for decades, part of a project to create and protect a trail corridor along the ridge with connections to local trails. Approximately 15 most level miles along rail trail and in the Basha Kill Wildlife Management Area; shuttle. Strenuous owing to the distance. Registration limited. Joint with Trail Conference.

**Tue Oct 27 (4th Tuesday Hike) Buttercup Audubon Sanctuary C**  
**Leisurely hike Leader: Beth Willis at 845-373-8202**  
Beginning on the west side, mostly level trails. Afterward proceed to east side sanctuary with moderate elevation to provide views. Possible stop for lunch or snack afterward. Start time 10:00 am. Call leader for meeting place.

**Sun Nov 1 Black Creek Walk C**  
**Leader: Beth Willis call 845-373-8202**  
Walk two or three miles at this *Scenic Hudson* Park on the west shore of the Hudson. The trail begins with a 150 foot elevation gain and then winds through a gently sloping forest path ending at the river. Views of shore life should be good when the leaves are down and life is reviving. Meet: 1pm Call leader for meeting place. Inclement weather cancels.



**Thu Nov 5 (Semimonthly Midweek Hike) See p. 4, sign up for the Google Group notices and contact leader by the Tues before for hike details.**

**Sat Nov 7 Easy Poetry Hike at Poet's Walk in Red Hook**  
**Leader: Nancy Keenan-Rich 452-1727** We'll walk/hike the open meadows and woods of this Scenic Hudson park with views of the river. Approximately 2 miles or so on level trail with some ups/downs. Poetry reading in the summer gazebo. Bring snack/beverage and a poem which fits the season if you like. Meet in the parking lot at 10am. See [www.scenic-hudson.org](http://www.scenic-hudson.org) for more info and directions. Rain cancels.

**Sat Nov 7 Shawangunk Ridge Trail from Wurtsboro to Sam's Point Preserve Leaders.: Georgette Weir & Jean-Claude Fouere: [gweir@optonline.net](mailto:gweir@optonline.net) (put 'SRT hike' in subject line) or 462-0142** Third of 3 hikes as we explore this 30+ -mile trail from end to end. The NY-NJ Trail Conference has been developing this trail for decades, part of a project to create and protect a trail corridor along the ridge with connections to local trails. Approximately 12 rugged miles, including Wurtsboro Ridge and Roosa Gap State Forests, and new South Gully Trail; shuttle. Strenuous. Registration limited. Joint with New York/New Jersey TC

**Sat-Sun Nov 7-8 Kittatinny Backpack Leader: Barry Skura at 914-779-0936 or [bskura@optonline.net](mailto:bskura@optonline.net)**  
Moderate overnight in the Kittatinny mountains of Northern New Jersey. 17 miles of rolling hills on the AT, High Point Monument to Culvers Gap,

and great views. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member.

**Sat Nov 14 Walk Locust Grove C**  
**Leaders: Bill Beehler & Ellen Zelig 845-473-5557**  
Want to get out, but prefer to do so in the company of others? Join the strollers among us for a tour of the Locust Grove grounds in the autumn led by Bill Beehler and Ellen Zelig. Meet 10 am at the parking lot at Route 9 opposite Beechwood Drive, north of all those shopping centers. Bring snack and water, rain cancels.

**Sat Nov 14 AT From NY to NJ B+/8miles**  
**Leader: David Koehler 917-613-2043 or [k2dave88@yahoo.com](mailto:k2dave88@yahoo.com)**  
Hike 8 miles From NY RT 17A right outside Sterling Forest to Longhouse Road, crossing Cascade & Furnace brooks and Longhouse Creek. This will be a continuation of the October AT hike in Sterling Forest. Register by Nov 13.

**Sun Nov 15 Harriman Park B+/8.5 miles**  
**Leader: Alvin DeMaria; 845-255-1704; [demonalvin@yahoo.com](mailto:demonalvin@yahoo.com)**  
From Silvermine parking area, a clockwise loop over Goshen Mtn, Stockbridge Mtn, passing Hippo Rock and Lake Nawahunta. Meeting place/time: Silvermine parking area (7 Lakes Drive) at 9 AM.

**Thu Nov 19 (Semimonthly Midweek Hike) See p. 4, sign up for the Google Group notices and contact leader by the Tues before for hike details.**

**Tue Nov 24 Franny Reese Park (4th Tuesday Hike) Leader: Fred Otte 845-462-8305** View Poughkeepsie from the west side of the Hudson. The park includes the remains of several large old buildings and has an interesting history, which Fred will be delighted to share with participants. Some hills and paths are not even, but nothing is steep and walk is under 4 miles. With the leaves down, views will be top notch. Meet 9:00 am and be back by lunchtime. Register with leader prior to hike for meeting place.

**Sun Nov 29 Vanderbilt Mansion Walk C**  
**Leader: Carol Gray [outdoorcarol@aol.com](mailto:outdoorcarol@aol.com), 845-471-1168**  
Walk the upper and lower paths of the scenic grounds of our grand landmark. Meet at the parking lot at 11:00.

**Thu Dec 3 (Semimonthly Midweek Hike) See p. 4, sign up for the Google Group notices and contact leader by the Tues before for hike details.**

**Sat Dec 5 James Baird State Park, LaGrange C**  
**Leader: Marie Caruso, at [mariehv@verizon.net](mailto:mariehv@verizon.net) or 845-452-9086 before 10 pm on Dec. 4** Moderately easy hike, about 3 to 4 miles with some ups and downs, through the woods and across the golf course. A chance to see the ponds and views not available to hikers during the golfing season. In the unlikely case of snow, we will ski on the golf course instead. Inclement weather cancels. Meeting time: 10 am. Contact leader for place.

**Sun Dec 6 Sterling Forest B**  
**L. Barry Skura 914-779-0936; [bskura@optonline.net](mailto:bskura@optonline.net)**  
Sterling Ridge Trail, from Route 511 to 17A. Starts with partially restored Long Lake iron works. Visit fire tower, with great panoramic views. Meet at parking area at intersection of Routes 17 and 17A about 9:15.

**Sat Dec 12 High Tor B-/4.5miles**  
**Leader: Pete McGinnis 845-454 4428 or [pmcgin1@aol.com](mailto:pmcgin1@aol.com)**  
A landmark at the top of Rockland County, above the Hudson, this mountain only 800 feet high offers spectacular views of the river and areas to the west. Quarrying of the mountain ceased when it was acquired by the Palisades Interstate Park Commission in 1943.



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## FALL OUTINGS SCHEDULE (continued) ————— SUMMER OUTINGS LOG (Begins First Column)

Additional walking distance along the Long Path or through the town of Haverstraw may be added to the hike. Rain or Snow cancel. Meet to car pool at 9:00 am at the Route 9 Holiday Inn, Fishkill.

**Thu Dec 17 (Semimonthly Midweek Hike)** See p. 4, sign up for the Google Group notices and contact leader by the Tues before for hike details.

**Sat Dec 19 Race the Bear Hike in the Taconics** A Leader: **Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com** We'll start at Race Brook Falls and hike up Mt. Race, continuing on the Appalachian Trail down into beautiful Sages Ravine, then up Bear Mtn., the highest mountain in CT. We could see some striking ice formations at the falls. Approx. 9 mi., with somewhat over 1500 ft. ascent. Winter gear may be necessary. Bring lunch & water. Contact leader for meeting place/time.

**Sun Dec 20 Table Rock Photo Hike, Spring Farm Trail Head**  
**B- Call leader, Brian Sullivan at 845-594-9545 for meeting place.** Easy to moderate .5 miles Time: 9:45-12:00 Noon Bad driving conditions cancel.

**Tues Dec 22 (4th Tuesday Hike) Leader/Site: TBD Watch for e-mail updates**

## SUMMER OUTINGS LOG —————

**May 14 Albany Salley Decker** We toured the NYS Capitol Building and took the elevator to the viewing floor in the Corning Tower. After eating our "trail lunch" outdoors on the plaza, we went to the NYS Museum where we spent a couple of hours looking at the various exhibits (7)

**May 23 Appalachian Trail Pawling, NY Jane Geisler**

Nine of us on an easy one-way hike in Pawling Nature Reserve on the Appalachian Trail through the woods on Hammersly Ridge, then downhill to Route 22. Golden Ragwort, Golden Alexander, Canada Mayflower, Pink Lady's slipper were blooming in the woods, and Wild Geranium and Jane's Rocket near the fields. The Bob-o-links were flitting around and probably nesting in the unmowed field. **Hikers:** Bill Jacobs, Judy Kito, Ollie Simpson, Keith McCloghrie, Frank Petramale, Nick, Ulana Salewycz, Elaine Cintron and the leade (9).

**May 23-25 AT at the Vermont/ New Hampshire Border Russ Faller**

This section of the Appalachian Trail was nicer than expected. There were some nice woods rambles and some beautiful vistas of the New England countryside from the hills. The roadwalk through Hanover, NH, took us past the Dartmouth campus and allowed an early Sunday morning stop at Dunkin' Donuts. The roadwalk through W. Hartford, VT, proved the most rewarding, with a stop at the general store for the best sandwiches ever eaten on a backpack. **Backpackers:** Nancy Morrill (ADK), Thomas Worman, Rob Santore, Laura Malkin, Joe Cecere, Kim Tatarsky (all AMC) and the leader (7).

**May 24 Constitution Marsh Paddle Outing J-C Fouere** Seven of us – Karen and Fred Ungerer, Louis Ruidisch, Eli Cohen, Tracey Donaldson, Micheal Tebolt and J-C Fouéré joined on this very pleasant spring morning at the Cold Spring landing to paddle across Constitution Marsh to the falls at the south most point of the marsh, stopping at the Audubon Society field station on Indian Brook on the way back. (7)

**May 30 Black Creek Russ Faller**  
**Town of Lloyd**

It was a beautiful day on the Black Creek and the work was light. We paddled and trimmed overhanging branches, sawed some small logs and removed a branch from the channel. **Water Trail Workers:** Jack Maguire, Kelly Oggenfus, David Runski, Nancy Baughman, Dom Martorana, Matt Murphy (all non-members) and the leader. (7)

**June 2 Ramshorn-Livingston Shari Aber**  
**Sanctuary Paddle**

Two creeks meander through the Audubon Sanctuary and we paddled through both. We launched from Dutchman's Landing onto the Hudson in Catskill where we were immediately greeted by an osprey. A fine drizzle stopped and the day cleared as we headed first into the Catskill Creek and from there into the Dubois Creek. After paddling as far as we could, we returned to the Hudson and paddled south to the Ramshorn Creek, much narrower and more winding than the Dubois. Where the trail meets the creek, we got out, checked out some Baltimore orioles, warblers, and swallows and then ate lunch on top of the observation tower before heading back home. **Participants:** Don Urmston and the leader (2)

**June 6 AT NY 22 West Dover Road Jane Geisler & Sue Mackson**

The 4<sup>th</sup> in the series of hikes focusing on our chapter's section of the AT covered a varied section of trail. We walked through a swampy area along the Hiller Brook, walled in by Phragmites, and kept our feet dry through a series of walkways built by ADK members and other trail volunteers. The terrain changed immediately when we crossed the Swamp River (admiring an alligator looking log) and into the woods. We were lucky, then, to meet up with Chris Everett, who has been maintaining this section of the AT and showed us a turkey nest with hatched eggs he'd found a few days earlier. We stopped a lot to identify various woody plants, many in bloom at this time of year. We ascended in the woods and descended in field--dry field at top, wet field at bottom--reason enough for another boardwalk as we enjoyed the many field wildflowers and determined, finally, that *Zizzia aureus* is indeed Golden Alexander. We understood, as we walked, why Chris had been carrying a weed whacker (manual)--the lush trail overgrowth was being kept clear with it.

We arrived at the famous Dover Oak, rested, refreshed and then split in two. Several of us returned by roadway -- which is the way AT walkers would have to go if there weren't all those people building puncheons and the like to keep us out of the swamps. We contemplated offering our services on a regular basis to keep the trash picked up. Another group retraced their steps through the fields and woods. The *Native Plant Nursery* near where we'd parked was selling Arrowood Viburnum, and Iris Cristata, and *Zizzia Aureus*, all of which we had seen growing unaided along the trail. **Hikers:** Ollie Simpson, Bill Jacobs, Judy Kito, Al Poelzl, Elaine Cintron, Sayi Nulu, Brienne Seipp, Frank Lancelliff, Kathryn Paulsen and the leaders. (11)



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