

Mid-Hudson TRAILS

News and Activities
of the
Mid-Hudson Chapter
of the
Adirondack Mountain Club
www.midhudsonadk.org

Winter 2011
January-March

DEC Camp Scholarship Grants Available through MHADK

MHADK will sponsor two youth, ages 12-14 and 15-17, for one-week sessions at one of the NYS Department of Environmental Conservation summer camps. The grants, which will cover the \$350 cost of camp attendance for each week, are open to youth affiliated in some way with the Mid-Hudson Chapter (i.e., family members) and will provide campers with the opportunity to experience a balance of environmental education, sportsman education and outdoor fun. Games, lessons and hands-on activities teach kids about forests, water quality and other aspects of nature. Swimming, hiking, backpacking and canoeing are on the agenda, too, as campers learn new outdoor skills. A goal is for campers to come away with a life-long passion for nature and a dedication to stewardship of our natural resources.

Detailed information about the DEC Environmental Education camps, including a PowerPoint presentation, dates and locations of the various sessions, the DEC application process, and the program's curriculum, are available at <http://www.dec.ny.gov/education/29.html> or by e-mailing edcamps@gw.dec.state.ny.us. Additional and specific information for Camp Attendees can be found at <http://www.dec.ny.gov/education/1864.html>

To receive the \$350 grant from MHADK, the applicant should submit a persuasive statement citing the reasons why s/he should be sponsored. This may include outdoor interests and skills, past and present interests and/or experience, expectations regarding the camp experience, future plans, environmental concerns and/or anything else that might be considered relevant in helping us make our decision during the selection process.

Please email the above by January 15, 2011 to DEC Camp Project Coordinator, c/o Peter C. McGinnis at pmcgin1@aol.com

**NEW YEAR'S RESOLUTION: CHOOSE TO DO
SOMETHING THAT'LL HELP SAVE PAPER,
MONEY AND THE PLANET!**

**WHY NOT OPT-IN TO RECEIVE YOUR
NEWSLETTER VIA EMAIL RATHER THAN BY
U.S.MAIL?! READ "DID YOU KNOW THAT..." ON
PAGE 11 AND THEN, WHY NOT GIVE IT A
TRY?! WHAT BETTER WAY TO BEGIN THE
NEW YEAR?!!!**

**SEND AN EMAIL TO MHADK.NEWSLETTER@YAHOO.COM WITH YOUR NAME AND THE
WORDS "ONLINE NEWSLETTER" IN THE
SUBJECT LINE. YOU'LL BE GLAD YOU DID!**



VOLUNTEER OPPORTUNITIES

Meet new people and make a difference at the same time! Contact any of the board members and committee chairs listed in the column to the right to become involved in chapter activities.

Volunteers Are Needed:

- To serve on the Conservation Committee, presently chaired by Jean-Claude Fouere. Members interested in protecting the environment are encouraged to contact J-C at 845-462-0142 or jcfouere@optonline.net
 - Also needed for the Conservation Committee is a member to replace Jean-Claude, who is moving on after some years of dedicated chapter leadership on environmental issues. Please feel free to contact him as above to find out exactly what the position entails.
- To replace Nancy Morrill as Outings Log Editor for this newsletter. After having spent more than ten years collecting outing leaders' writeups and editing them into a coherent LOG for the benefit of us all, Nancy, like Jean-Claude, is ready for a change. This is a job that can be done entirely from home as it's basically completed by email. If you're interested, contact Nancy at nmorrill@roadrunner.com for more information.
- To be trail maintainers on the chapter's newest adopted trail, that part of the Long Path that will connect Sam's Point to Minnewaska. Contact Lalita Malik at 845-592-0204 or lalitamalik@aol.com for more information.
- To help in building new hiking trails at the historic *Locust Grove* estate. Volunteers will work in teams to remove brush, invasive plants, and downed limbs at this beautiful-not-for-profit museum, education center and nature preserve located on Route 9 in the Town of Poughkeepsie. If you aren't familiar with the lovely property and trails at Locust Grove, treat yourself to a winter walk around the area. You'll see for yourself how special a place it is and how deserving it is of our efforts. For more information, contact Ken Snodgrass at 845-454-4500 x11 or k.snodgrass@lgn.org. Strong backs necessary, chainsaw experience a plus!
- To serve on the Social Events Committee, chaired by Carole Marsh. Contact Carole at 845-849-2044 or nanagrace91@aol.com. She'll be glad to hear from you!



NEW THIS WINTER: CONSERVATION OUTINGS

To better inform our members about conservation local issues and projects, several members of the Conservation Committee are offering to lead outings with a conservation theme. Next year you will have a chance to learn about tree management, or walk in a pedestrian-friendly community, or tour a Green Building at the Omega Institute in Rhinebeck, or visit an organic winery. Please check the chapter newsletter for detailed information about these outings and plan to join us.

As cited above in the Volunteer Opportunities column, the Conservation Committee always welcomes anyone wishing to participate actively in conservation activities. If you're interested, please drop a note to Jean-Claude Fouéré (jcfouere@optonline.net), Conservation Chair.

**Mid-Hudson Chapter
Adirondack Mountain Club
PO Box 3674
Poughkeepsie, NY 12603
www.midhudsonadk.org**

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845-462-0142 Geweir@optonline.net
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Committee Chairs

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845-691-7442, michelevh8@yahoo.com

Stay Connected Via These Websites

- ⇒ www.adk.org (ADK Club)
- ⇒ www.midhudsonadk.org (Mid-Hudson Chapter of ADK)
- ⇒ www.nynjtc.org (New York/New Jersey Trail Conference)

WINTER HIKING: BE READY

WINTER HIKING: GET A GRIP!

(Editor's Note: Thanks to Russ Faller, long time MHADK member and leader and experienced hiker and paddler, for the following article)

I'm climbing up into the col between Mt. Race and Mt. Everett in the Taconic Mountains. It's a beautiful Winter day and the sun is warm on my face. There is snow on the trail, but it's hard packed and I'm hiking with my bare boots. I turn right and head up Mt. Everett. The trail soon becomes treacherous. It looks like a frozen river of light blue ice. I look to each side and there's no way around. I step onto the ice, but as I put weight on that foot, the ice brings me to my knees. I take off my pack and reach for my microspikes. Once on, these traction devices allow me to walk over the ice with firm footing, safety and confidence.

Traction Devices are an essential part of a Winter hiker's gear. There are several kinds:

Kahtoola Microspikes are my favorite. They can be obtained from www.kahtoola.com or many outfitters, such as **EMS (845-463-3207) and Great Blue Outfitters (845-319-6172)**. They cost \$59.95. Microspikes slip onto the toe and heel of your boot and have chains and tiny metal triangles that bite into the ice as you walk. They can be put onto your boots as you stand on one foot.

Stabilicers are another traction device. They mimic the old-fashioned hob-nailed boots by attaching another sole with 17 cleats to your boot via straps. They are sold at various outfitters either on-line or in the stores for anywhere from \$39.99 to \$49.95. Just Google "Stabilicers". The things I don't like about stabilicers are (1) they're heavier than microspikes, (2) the cleats tend to work out of the sole and need to be replaced and (3) after many replacements, the holes get too large for new cleats to take hold.

A third kind of traction device is the Yak Trax. There are two models: *the Walker and the Pro*. The Walker (\$20) is designed for walking and light hiking. The Pro (\$30) is supposedly more durable. However, I've found that even the Pro breaks rather easily and are, therefore, unreliable in the field.

Then, there are Crampons. Instep crampons are the closest thing to the traction devices discussed above. However, you don't see them used much any more. Some hikers have complained that they can be difficult to walk with. The other type of crampon covers your whole boot sole and can have 10 or 12 points. These are designed for serious ice climbing. They can range in price from \$130 to \$280.

Among full crampons, there are two types: *hinged and rigid*. Hinged crampons bend with the natural motion of walking. For this reason, they are the preferred style for almost all types of mountaineering, except technical ice climbing. Hinged crampons are recommended for climbing on snowfields and glaciers. If you buy only one pair of crampons, but want to do a variety of climbing, hinged is your best bet. Rigid crampons do not bend at the instep and, therefore, do not perform well in mixed terrain, while hinged will. Rigid crampons are used on vertical ice, because they allow for a less tiring climb while front-pointing into the ice. Rigid crampons are awkward when walking, because they don't allow your feet to flex for a natural stride. Rigid crampons need to be worn with plastic boots, because flexible leather boots will cause them to bend and, eventually break. Hinged crampons can be worn on leather or plastic boots.

I have a pair of **Grivel Full Crampons** and a pair of **Kahtoola Microspikes** and find that I use the microspikes more often than the crampons. I feel the crampons are over-kill for the kind of ice I'm finding in the MidHudson Valley these days. The microspikes are easier to walk with and can be worn on trail sections without ice, while the crampons would have to be removed. Another 'plus' for the microspikes is that they're easier than the crampons to get on and off.

SNOWSHOES FOR RENT

If you're interested in Winter hiking but don't have the gear, snowshoes and other necessities can be rented at:

Great Blue Outfitters

845-319-6172 info@GreatBlueOutfitters.com

Eastern Mountain Sports (EMS)

845-463-3207 e0139mg@EMS.com

INTERESTED IN CROSS COUNTRY SKIING?

If you would like a beginner's lesson in cross country ski techniques, phone Dave Kaplan. 845-876-4642 (no email) He will notify you one day ahead if the the snow's right for this activity. Thanks, Dave!

GET a QUICK RESPONSE for X-C SKI OUTINGS

The snow doesn't last very long around here. You have to be quick to ski before it melts. If you're a MidHudson ADK member and have the time to drop everything to go x-c skiing, you can send an e-mail to Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski list. When the snow flies and conditions are right, he'll send you an e-mail invitation to go skiing. This could be any day of the week. If you were on the list last Winter, you're still on the list. (If you want off let Russ know.)

Now, Pray for Snow!

OUTING INTEREST GROUPS

GET ON ONE OF THESE EMAIL LISTS TO RECEIVE UPDATES ABOUT ACTIVITIES THAT FIT YOUR INTEREST!

*****ADK Members should join the *members only* email list for both the Tuesday and Thursday hikes described below.** To join this email list, contact Eli Cohen at ebc12533@yahoo.com with "Join Mid Week Hikers email list" as the subject. Upcoming walks and hikes may also be viewed at <http://groups.google.com/group/mid-week-hikers?lnk=srg>

Mid Week Hikers On the first and third Thursday of each month the leaders offer 3-6 hour hikes of varying difficulty to different areas of the Mid Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, 845-399-2170, vfauci1@hvc.rr.com or Lalita Malik, LalitaMalik@aol.com, (845) 592-0204. To learn about the upcoming hike get on the email list—(see ***above). **Jan 6, 20, Feb 4, 18, Mar 4, 18**

Leisurely 4th Tuesday of the Month Walks and Hikes These outings are shorter and more leisurely in pace than the Thursday group currently offers. We will cover familiar and unfamiliar territory. Contact: Sue Mackson 845-471-9892 or susiem6@juno.com or the leader for information. To learn about the upcoming hike get on the email list (see ***above) **Jan 25, Feb 22, Mar 22**

Conservation Hikes A series of leisurely and non strenuous outings focusing on various environmental topics, planned by our active Conservation Committee. Expect to find them throughout the year at various dates in our calendar. See page 2 for Conservation news and March 27 in the Outings Schedule for the first walk in this series.

Quick Response X-Country Ski Outings

The snow doesn't last very long around here. You have to be quick to ski before it melts. If you're a MidHudson ADK member and have the time to drop everything to go X-Country skiing, you can send an e-mail to Russ Faller at russoutdoors@yahoo.com to be put on the *Quick Response X-C Ski* list. When the snow flies and conditions are right, he'll send you an e-mail invitation to go skiing. This could be any day of the week. If you were on the list last Winter, you're still on the list. (If you want off, let Russ know.) Now, pray for snow!

OUTINGS GUIDELINES: WHAT YOU NEED TO KNOW BEFORE YOU GO!

Participants should observe the following:

- *Notify leader of your intent to join an outing.
- *Wear sturdy footwear, for season & type of outing.
- *To bring a dog, call leader to get permission, bring a leash, be able to control dog and be responsible for its needs, esp water.
- *Car Pooling (encouraged) will include \$.20/mile + tolls and parking fees to be equally divided among the non-driving participants.
- *Be at designated meeting place on time.
- *Be equipped with water, lunch, snacks, rain jacket and the Ten Essentials**.

****www.midhudsonadk.org>Outings Schedule>Ten Essentials**

Ratings:

Class A—Difficult: More than 1500' climb or 8+ miles
Class B—Moderate: Less than 1500' climb, 6-8 miles

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WINTER OUTINGS SCHEDULE

Sat Jan 1 *Happy New Year!*

Sun Jan 2 Vanderbilt Estate - New Year Walk C

Leader: Beth Willis 345-373-8202

Enjoy crisp winter air and great river views on a loop hike of Vanderbilt estate Loop following the lower and then upper carriageways. Possible stop for warm drinks after hike. Meet 1:00 pm. Call leader for meeting place. Inclement weather cancels.

Sat Jan 8

Must-be-flexible X-C Ski or Hike

Leader: Russ Faller russoutdoors@yahoo.com (preferred) or 845-297-5126 (before 9:30 PM). The leader will scope the Mid-Hudson Valley for good snow. Location will depend upon where the snow is best. Could be on groomed or backcountry trails. The mileage will depend on weather conditions, but should be about 7 to 10. The pace will be moderate. If there's no good snow within a reasonable drive, we'll hike (traction devices or snowshoes required). Bring lunch, water, snacks. Dress in layers; no cotton. Contact leader or watch the weekly outings e-mails for final details.

Sun Jan 9

Vassar College Walk

Leader: Sue Mackson susiem6@juno.com 845-471-9892
Get out and walk the campus and, perhaps, the farm. 1.5 to 2 hours Return to leader's house for soup and cookies. Meet: Collegeview parking area inside the gate at 10 am.

Sat Jan 15 Westkill Mountain Diamond Notch Falls Catskills 7.2 mi Level B Leader: David Koehler, 917-613-2043 or e-mail k2david121@gmail.com (preferred), or Patty Killion, KillionP@mscdirect.com (preferred) or 704-942-6627.

This 7.2-mile round trip journey will take us up to Diamond Notch falls for a quick break to take it all in before the challenging climb to the summit of West Kill Mountain rewards us with stellar views of the Catskills before returning down. Winter equipment such as snowshoes, crampons and/or microspike 'ice walkers' are expected to be required depending on the Catskill snowpack. Register with leader.

Sat Jan 15 Mohonk Preserve –Undercliff Overcliff Trail 5 mi.

Leader: Brian Sullivan 845-594-9545 before 9 pm.

Enjoy magnificent view of the Shawangunks,



Class C—Easy: Well-graded trails, less than 6 miles
Walk—Suitable for Children, less than 4

WINTER OUTINGS SCHEDULE *(continued)*

Mohonk, and Minniwaska on this easy loop on carriage roads. We will hike—but if their snow we will snowshoe. Extreme cold or inclement weather cancels. Meet at Spring Farm Trailhead 9:00 am.

Sat-Mon Jan 15- 17 Adirondacks Winter Training Weekend for Backpackers, Hikers, Backcountry Skiers. Saranac Lake, NY. Leader: Barry Skura 914-779-0936 Bskura@optonline.net Motel "base camp" in Saranac Lake in the Northern Adirondacks. Learn to enjoy the mountains in the winter. Each day, have a choice of instructional hikes and backcountry ski trips. Register via E-mail to leader, indicating your prior hiking / skiing experience and that you are an ADK member.

Sat Jan 22 Snowshoe Carnwath trail (T/Wappingers) 1 mi Level C Winter Festival at Carnwath Farms
Leader: Ollie Simpson 845-298-8379 (no answering machine) olliesimpson2005@yahoo.com

The ADK snowshoe/hike was the spark that started the Town of Wappingers to plan a Winter Festival at Carnwath Farms. All activities start at 10:00 so arrive a little early to get on your snowshoes or cross-country skis (or whatever is appropriate for the conditions) for the snowshoe/hike led by Ollie Simpson. We will be able to see the Hudson and 2 bridges across it. After that we have a number of options: 1) Free hot chocolate or cider in the Chapel 2) Sledding (bring a sled) 3) Touring the Dutchess County Sports Museum (open 10-4) 4) Treasure Hunt Bring a snack/lunch or buy a hot dog at the Chapel. Restrooms will be available. Meeting time/place: 10:00 AM at Carnwath Farms upper parking area Directions: Route 9D south from Wappingers; right at light in Hughsonville on New Hamburg Road (DC28); left at fork onto Wheeler Hill Road (sign "Welcome to Wheeler Hill Historic District. Carnwath Farms"); left at stop; right into Carnwath. Use parking area on left above manor house.

Sat Jan 29 Fahnestock (Catfish/3 Lakes Loop) Level B
Leaders: Georgette Weir, geweir@optonline.net, 462-0142, and Jean-Claude Fouere. Hike or snowshoe; 4-5 miles south of Rt301

Sat Feb 5 Mt. Beacon - Wilkinson Ridge 7mi Level B+
Leader: Alvin DeMaria 845-255-1704
We will hike up from the old inclined railway parking area, and go to the fire tower. Then over to the Wilkinson trail on the eastern ridge, looping back eventually to cars. Steep at the start, but moderate after that. Call leader for meeting time & place.

Sun Feb 6 Mohonk Preserve Table Rock Level B
Leader: Brian Sullivan 845-594-9545 before 9 pm.
Meet Spring Farm Trailhead at 9:00 am. Enjoy magnificent views of Mohonk Preserve, the Roundout Valley and the Catskills. We will hike—but if there's snow we will snowshoe. Extreme cold or inclement weather cancels.

Sat Feb 12 Minnewaska Winter Excursion B+/A-
Leaders: Georgette Weir, geweir@optonline.net, 462-0142, and Jean-Claude Fouere. Moderate to strenuous x-c ski if snow; hike or snowshoe otherwise.

Sun Feb 13 Must-be-flexible X-C Ski or Hike

Leader: Russ Faller russoutdoors@yahoo.com (preferred) or 845-297-5126 (before 9:30 PM). The leader will scope the Mid-Hudson Valley for good snow. Location will depend upon where the snow is best. Could be on groomed or backcountry trails. The mileage will depend on weather conditions, but should be about 7 to 10. The pace will be moderate. If there's no good snow within a reasonable drive, we'll hike (traction devices or snowshoes required). Bring lunch, water, snacks. Dress in layers; no cotton. Contact leader or watch the weekly outings e-mails for final details.



Fri-Mon Feb 18 - 21 ADK's Weitzel Trails and Cabin Outing Friday, Saturday, Sunday, Monday - President's (Feb) Weekend. Trip may be full. Contact Leader Pete McGinnis pmcgin1@aol.com. High peaks area of the Adirondacks. Cabin offers 16 bunk beds in four rooms. Separate Showers and restrooms for men and women. Kitchen and dining room. Friday night dinner is "on your own". Sat and Sunday dinners are pot luck. Reservations are \$75.00 for entire weekend (3 nights) and must be accompanied by payment. Write check payable to Mid-Hudson ADK and mail to Pete McGinnis, 100 Cedar Ave, Poughkeepsie 12603.

Fri-Mon Feb 18-21 Adirondacks Cross Country Ski Weekend X-country skiing at Garnett Hill Ski Center
Leader: Barry Skura 914-779-0936 Bskura@optonline.net
Qualified backcountry skiers have access to Siamese Ponds wilderness. Lodging at moderately priced Lake George motel. Register via e-mail and indicate that you are an ADK member. In the e-mail, also indicate your prior cross-country ski experience.

Sun Feb 20 X-C ski Adventure Fahnestock 6-9 miles Level B
Leader: David Koehler, 917-613-2043 or k2david121@gmail.com (preferred),
We will be traveling by X-C skis this time through the woods of Fahnestock park. Our trip will take us through rolling hills and by many ponds and streams. Distance depends on conditions.. This one may be relocated if the snow is elsewhere or made into a hike. Register with leader.

Sun Feb 27 College and Peach Hills Level C
Leader: Sue Mackson susiem6@juno.com 845-471-9892
Join me in the high peaks area of Poughkeepsie with walks up to the top of College Hill and Peach Hill. Nice views from each height – climbs that anyone can do. See herds of deer at Peach Hill Park, poison ivy in its winter skeleton and the classical style pavilion atop College Hill. Meet 1:30 pm at the Peach Hill parking lot—Salt Point Turnpike to right on Edg Hill (sign for park) to park entrance. We will need to drive to College Hill from Peach Hill. Inclement weather cancels.

Sat March 5 Must-be-flexible X-C Ski or Hike
Leader: Russ Faller russoutdoors@yahoo.com (preferred) or 845-297-5126 (before 9:30 PM).
The leader will scope the Mid-Hudson Valley for good snow. Location will depend upon where the snow is best. Could be on groomed or backcountry trails. The mileage will depend on

WINTER OUTINGS SCHEDULE *(continued)*

weather conditions, but should be about 7 to 10. The pace will be moderate. If there's no good snow within a reasonable drive, we'll hike (traction devices or snowshoes required). Bring lunch, water, snacks. Dress in layers; no cotton. Contact leader or watch the weekly outings e-mails for final details.

Sun Mar 6 Mohonk Preserve Guyot Hill Level B
Leader: Brian Sullivan 845-594-9545 before 9 pm.
Meet Spring Farm Trailhead at 9:00 am. Enjoy magnificent views of the Roundout Valley and the Catskills..We will hike—but if there's snow we'll snowshoe. Extreme cold or inclement weather cancels.

Sat Mar 12 Dunderberg-Timp 8 mi. Level A
Leader: Alvin DeMaria 845-255-1704
From Jones Pt. area, up Dunderberg, over Bald, to the Timp. Return on Timp-Torne. We will see some of the old Dunderberg railway ruins. Meeting place and time: Call leader for info.

Sat Mar 12 Roosevelt Historic Site 3-4 mi Level C-C+
Leaders: Georgette Weir, geweir@optonline.net, 845-462-0142, and Jean-Claude Fouere. Wooded Trails

Sun Mar 20 Harriman Park –Pine Meadow Lake
4 mi easy Level C
Leader: Sue Mackson susiem6@juno.com 845-471-9892
Join me for a loop hike on mostly woods roads with some mild elevation changes in the area of Lake Sebago. Two nice viewpoints Meet 10:30 at MacDonalds on Rte 9 in Wappingers to carpool. Inclement weather cancels. Contact leader by March 19.

Sat March 26 Escarpment Trail Catskills Level B
Leader: David Koehler, 917-613-2043 or e-mail k2david121@gmail.com (preferred), Come journey through one of the most beautiful trails in the Catskills, it is a great and powerful place to experience oneness with the vast expanse of nature. From North South Lake area we will travel up the Escarpment trail passing many views up to the summit like top of North Point. Winter gear is expected to be required (snowshoes/crampons and or microspikes). Register with leader

Sat Mar 26 – Sun Mar 27 Northern Catskills Winter Beginner Backpack Leader: Barry Skura 914-779-0936
Bskura@optonline.net Introduction to backpacking in late winter. Strenuous climbs with exhilarating winter summit views on Windham, Blackhead, Black Dome and Thomas Cole Mountains. Strong 3-season backpackers with understanding of winter backpacking basics & proper gear may register. Register via E-mail to leader, indicating your prior backpack experience and that you are an ADK member

Sun Mar 27 Conservation Hike Vanderbilt Mansion Level C
Leader: Sayi Nulu: sayinulu@yahoo.com, 845-264-2270
A two hour walk to see the trees at this most lovely federal park. A ranger will spend 20-30 minutes teaching us how the mature tree collection is managed and focusing on its old growth trees Meet at the site parking lot, opposite the mansion at 11:00 am Call leader to register.

SPECIAL UPCOMING 2011 OUTINGS

October 1-15, 2011 Hiking in Rajasthan - The Land of the Maharajas Experience India's rich history, architecture, nature and culture influenced by Muslim and British rule and it's intellectual wealth. Travel through inspiring scenery, and some of the best temples, palaces, mosques and forts in the world including one of the wonders of the world – Taj Mahal. We will visit National parks and preserves, and enjoy the unique experience of dining with Indian families as their guests.

Price (\$ 2940) includes lodging, daily breakfast, and some lunch and dinners with cooking demonstration at Indian homes, transportation from Delhi airport, all park fees, lodging, taxes and an experienced leader.

For itinerary and details contact Lalita Malik, 61 Patrick Drive, LaGrangeville, NY 12540. Email: LalitaMalik@aol.com: Phone: 845-592-0204.

Sat April 9 – Sun April 10 South Taconics Backpack
Leader: Russ Faller russoutdoors@yahoo.com (preferred) or 845-297-5126 (before 9:30 PM) Walk through 3 states in 1 weekend! We'll hike several trails on two ridges, including the So. Taconic and Appalachian Trails. Summits include Catamount, Alander, Brace, Frissell, Round, Bear and Lions Head. Camp at rarely visited sites. Enjoy fantastic panoramas across NY, MA and CT. Moderate pace for 23 miles. Must arrive in Millerton, NY, on Friday evening (4/8/11).

Fri-Sun May 6-8 The Maryland Challenge
If interested contact Pete McGinnis at pmcgin1@aol.com. Start training now for the Mountain Club of Maryland. Hike across Maryland 41 miles from Pen Mar in Pennsylvania to Harper's Ferry in West Virginia. We will leave Friday, the 6th and return Sunday the 8th. Hike starts at 5:45 a.m. and must be completed by 8:30 p.m. on Saturday. Great people, beautiful trails. Water and food are provided on the trail. For further info check the Monthly Explorer at www.marylandoutdoorclub.org. For the entry form contact Patty Williams at pattysteve01@comcast.net.

July 24-30 The White Mountain Hut and Lodge trip will once again be led again by Ginny Fauci. This year's trip will be 6 nights and we will stay in Highland Center, Pinkham, Greenleaf Hut and Galehead Hut. Cost is \$418.12 per person, limit 10 people. Contact Ginny for additional information at vfauci1@hvc.rr.com

Ackerman Quinn
FINANCIAL SERVICES, LLC

<p>Thomas A. Ackerman Denny Quinn Financial Consultants</p>	<p>110 Main Street, Suite 2B Poughkeepsie, NY 12601</p> <p>Phone: 845-485-5800 Toll-Free: 800-697-5040 Fax: 845-485-6950</p>
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Contact us for a free retirement analysis

Securities offered through Prime Capital Services, Inc., Member FINRA/SIPC
Ackerman Quinn Financial Services, LLC and Prime Capital Services, Inc. are not affiliated

FALL OUTINGS LOG

Aug. 21 Table Rock & Bonticou Crag BT Sullivan

Started at Spring Farm. Took Crag Trail to Cedar Drive/Bonticou Road. Junction Bonticou Road to Bonticou Ascent Trail (beginning) to North East Trail. North East Trail to backside of Bonticou and summited the Crag. Had lunch on top. Then we hiked to Table Rock in the afternoon. Hikers: Bill Egger and the leader. (2)

Aug 21 Twin & Indian Head Cal Johnson

We left our initial gathering point at the Stewart's Shop on Rt. 23A in Haines Falls at 9 a.m., to drop cars at the finish lot on Platte Clove Rd., and then drove to the start at the Roaring Kill parking lot. We headed up the very short Roaring Kill trail and then continued on on the Pecoy Notch trail. We soon passed through the very unique rock work in Dibble's Quarry, stopping to observe the impressive undertaking. Continuing on, we soon passed a beaver dam on the right side of the trail (about 10' away). The trail then starts climbing up to the Devil's Path, where we took a left to ascend Twin. The great view from the rock ledges of Twin provided a great lunch spot. After lunch we went down the east side of Twin and went over Indian Head. The trail out to the cars is much milder than the two peaks. Hikers were Charlene Shafer, Marianne Comfort, Cynthia Burkee from the Albany Chapter and Jennifer Logan from the Mid-Hudson chapter.

Sept. 2 Stonykill Falls Ginny Fauci & Lalita Malik

Participants: Shari Aber, R. Nak, Bill Machonis, Mary Nichols, Marian Leeds, Roberta Frost, Pat Swith, Judy Mage, Ginny Fauci and the leaders. (11)

Sept. 6 Wappingers Greenway Trail Georgette Weir

On a spectacular Labor Day morning, thirteen hikers joined leader Georgette Weir for a round-trip hike on Wappingers Greenway Trail between the village of Wappingers and the hamlet of New Hamburg. Newbies to this trail are usually surprised by its ruggedness and wilderness aspect, tucked as it is, alongside industrial, commercial and residential developments close to home, it's a favorite of the leader. Hikers: Peter Kaiser, Barbara Davis, Dorsett Johnson, Saily Sanchez, Maria Fiores, Alexis Carrington, Carol Gray, Dorothy Halligan, Fred Otte, Bill Smith, Eileen Sharaga, Al Poelzl, Clyde Clounie and the leader. (14)

Sept. 9 Rondout Creek Shari Aber

We launched from Sleightsburg Park in Port Ewen and paddled the Rondout upstream to the Eddyville Dam fighting a strong headwind. We passed numerous marinas and a tug whose crew informed us it would soon be returning with a huge barge and warned us to stay clear. The summer had been so dry that we were able to paddle right up to the dam since no water was coming over. We returned to Sleightburg. Fearing the wind, most people opted to take out there while a few of us continued to the lighthouse. As soon as we paddled into the Hudson itself, the wind seemed to die down so we

paddled north arriving at the entrance to the Kingston Point marsh at slack tide. We entered the marsh and poked around, watching the wildlife, picking some apples and grapes. After this we headed back, observing dozens of great egrets, which we surmised were gathering for their migration south. Participants: Cal Rizzuto, Robert Fox, Ellie Shortle, Ginny Fauci, Judith Adams, Roberta Forest, Kate Walsh, Steven Setten (?), Jerry Ruebenstahl, Herb Stein, Harry Newton, Bill Buckton, Eli Cohen and the leader. (14)

Sept. 15-19 AT on Presidential Range of White Mountains, NH Russ Faller

This was a cursed hike. We started out on a damp morning after a rainy night. There was intermittent rain in the lower elevations and sleet and snow on the Franconia Ridge. Up there the wind was probably 45 MPH, which made you lose your balance. Kim was cold and wet, Steve sprained an ankle. After a night in the lean-to at Garfield Ridge Campsite, Steve left. On the next day, Mark pulled a leg muscle and was in great pain, especially when climbing. It became apparent that we would have to abort the hike. So Thursday, we cut our mileage and slept at the Zealand Falls hut. On Friday, we reached our "bail-out" and resupply car at Crawford Notch, completing only 1/2 of what we had planned. After a night at Joe Dodge Lodge, Kim and Mark left. Russ stayed on to climb Mount Washington on a beautiful day. He ran into a female moose with two calves on the Tuckerman's Ravine Trail. No ADK members attended this trip, except the leader. Participants were all from Appalachian Mountain Club.

Sept. 23 Croton & Hudson R.'s Russ Faller

We launched onto Croton Bay by the Croton-Harmon RR Station and paddled up the Croton River for about two miles. The river becomes unnavigable here, because of rapids and boulders. We took out at an island with rapids on both sides and walked to the far end of the island. There were more rapids and boulders upstream of the island. Upon returning to our kayaks, some people took a swim in the crystal clear water, which comes out of the Croton Reservoir. After a while, we paddled back down river where we explored the part of Croton Bay protected by the RR bridge and along the south shore of Croton Point, where we stopped for lunch at one of the sandy beaches with a great view down the Hudson. Back in our kayaks, we rounded Teller's Point, went up river away, then returned. The Hudson was placid. We saw only three powerboats. Participants were Eli Cohen, Shari Aber, Roberts Forest, Judy Mage, Jerry Ruebenstahl, Norris English and the leader. (7)

Sept. 26 Cold Spring - Arden Point Jeff Kaplan

What a great trip! Because of low tides, we left Cold Spring, negotiated the confused sea by Constitution Island, crossed the Hudson, toured Trophy Point (West Point), visited the falls there, crossed to Arden Point by Garrison, lunched on the bench and lookout. Back up the east side, all in sun with slight overcast but cool! Dave and Arlene somehow got into

FALL OUTINGS LOG *(continued)*

Constitution Marsh and enjoyed the scenery. Paddlers: Roberta Frost, Arlene Kaplan, David Kaplan, Georgette Weir, Joseph Ferri, Russ Faller and the leader.(7)

Oct. 2 Mohonk Preserve BT Sullivan

Started at Spring Farm. Took Crag Trail to Cedar Drive/Bonticou Junction. Took Bonticou Carriage Road to North Lookout Carriage Road. Then went to the Mohonk House and walked around the lake. Then went to the tower and hiked back to Spring Farm parking area. Hikers: Sue Jordan, Tara Kupersmith, Nadire Lemmar and the leader. (4)

Oct. 3 Norrie Point to Shari Aber & Vandenburgh Cove Joseph Ferri

Ten prospective paddlers met at the Norrie Point pavilion hoping to launch into the Hudson. The rather turbulent river discouraged most, but four stalwart paddlers braved the conditions and paddled north into both the wind and the tide. We crossed under the railroad bridge into the cove. Here the water was calm, a welcome reprieve from the challenges of the river itself. In the shelter of the cove, we scared up flocks of ducks, watched great egrets, great blue herons, and circling eagles. We stretched our legs at the waterfall, and realizing that it already had taken two and half hours, feared that we would miss the ADK fall picnic. We got back in our boats and, with the help of the wind and tide, arrived back at the pavilion in less than half an hour, a bit late but still in time to enjoy the festivities. Participants: Ellie Shortle, Georgette Weir, and the leaders. (4)

Oct. 3 Mills Mansion to Mary Trish Cina Norrie Point

This was a nice hike that took place right before the Mid-Hudson Chapter's annual fall picnic. The leader was a bit tardy due to getting lost (yikes!) but that was the only issue on this gorgeous fall day. Temperatures were in the 60's as we walked from Mills Mansion to the Norrie Point picnic site. We had great views of the river and the Esopus Lighthouse. Welcome new members! Participants: Susan Lerner, Connie Beuselinck, Marion Zimmer, Toni Weidenbacher, Jim Modynia, Leigh Toth, Joe Toth, Al Poelzl, Brenda Harding, Dot Halligan, Bill Smith, Bob Whelan, Aimee LaBarr, Toni LaBarr, Anne Needham, David Gordon, and the leader. (17)

Oct. 7 High Peterskill Shari Aber

Even though there was an early morning drizzle, after days of rain and the prospect of the weather clearing, eight of us assembled at the Mohonk Visitors Center to arrange for a shuttle hike from Jenny Lane to Trapps. We started from Jenny Lane picking up the Old Minnewaska Trail and crossing the creek raging from the recent rains, following it until the start of the High Peterskill trail. We followed High Peterskill through the woods eventually climbing to Compass Rock where we had lunch. After eating, using Bill's amazing knowledge of the area and Mary and Roberta's recent experience hiking with the Mohonk Wednesday hikers, we left High Peterskill and followed unmarked trails to Lost City. There we descended towards Split Rock and made our way back to our cars at the Trapps parking lot. The trip had exciting moments with a difficult stream crossing, a lost set of keys, and a water bottle that attempted

suicide. Participants: Ramesh Naik, Patrick Smith, Mary Nicolis, Roberta Forest, Bill Machonis, Eli Cohen, Marian Leeds, the leader and her faithful dog, Cairo. (8+1)

Oct. 9 Ginseng & Hayden Cal Johnson

Remarks: From the easier to find trail head parking on Rt. 23, we drove to the finish at the end of Jennie Notch Rd., where we all packed into a van to go to the start on Rt. 10. It took a few minutes to find the lightly used Long Path where it crosses Rt. 10. The trail skirts along the side of Mt. Nebo and then continues on to the summit of Hayden. After a short break we headed out to Ginseng and descended down through Barlow Notch and Jennie Notch to our spotted cars. This section of the Long Path provided a very pleasant hike. Since it gets rather low usage, the surface was quite smooth, not eroded from foot created trenches. Hikers were Bridget Delaney & Al Davis from the Albany chapter and Lenore Mennin, Wendy Bouros, Marsha Kramer, Mary Scott, & Connie Haven from the Mid Hudson chapter.

Oct. 9 AT – Nuclear Lake Georgette Weir

Four hikers enjoyed a spectacular fall day on this very pretty stretch of the Appalachian Trail in Dutchess County. Pretty woods, dramatic rocks, a lovely lake and a very nice viewpoint – this moderate hike has it all. Hikers: Bill Machonis, Conrad Putzig, J-C Fouere, and the leader. (4)

Oct. 14 Chodikee Lake Ginny Fauci and Black Creek

We put our kayaks and canoes into Chodikee Lake and headed down towards the blue heron rookery at the beginning of Black Creek. We saw many red-winged blackbirds getting ready to fly south for the winter, a blue heron on the side of the creek that stayed there until we almost got next to him and a large white swan paddling around. Lunch was at the end near the waterfall before we turned around. On the way back, the turtles had all come out onto the logs and a praying mantis landed on the front of Roberta's kayak and rode with her for a while. We caught up to the swan paddling back to the lake so we hung back a ways and followed it all the way out until he saw the open water and flew off. The weather was still good so we paddled to the other end and followed Black Creek to the beaver dam before turning around and heading back to the launch area. The creek was low so a large portion of the dam was showing above the water; what an amazing structure that was. We had a great paddle! Participants: Harry Newton, Bill Buckton, Judy Adams, Roberta Forest, Ellie Shortle, and the leader. (6)

Oct. 16-17 Catskills Backpack Russ Faller Cancelled: Insufficient registration.

Oct. 17 Minnewaska Arlene Canonico

It was a beautiful fall day. It started off with a red-tailed hawk landing on a pole in the parking lot right by us. Beautiful views of the Catskill Mountains and the Hudson Valley. Heard a barred owl hooting on the way back. Everyone enjoyed the day. Participants: Susan Lerner, Margaret McGrath, Anna

FALL OUTINGS LOG *(continued)*

McLellan, Devin Canonico and the leader.
(5)

Oct. 21 Sterling Forest Ginny Fauci &
 Bare Rock Loop Lalita Malik

The forecast was possible rain mid-morning and late afternoon, but ten of us headed out from the Sterling Forest Visitor's Center to do a 7 ½ mile loop hike which included the new section of the Bare Rock Trail. The rain held off as we hiked up through the woods to the Bare Rock viewpoint where we sat in the sun overlooking Greenwood Lake and had lunch; the views were great as we looked at the ridge on the opposite side of the lake where the AT passes through. As we were packing up to continue hiking across the ridge, a large group of fifteen hikers from NJ stopped to enjoy the view while having lunch. On the way down we passed by the fire tower and a few climbed to the top for the great views from up there. The rain held off, the sun came out and it was a gorgeous day for a hike! Participants: Shari Aber, Judy Adams, Jerry Ruebenstahl, Marian Leeds, Mary Nicolis, Bill Machonis, Ramesh Naik, Al Limon and the leaders. (10)

Oct. 24 Burger Hill/ David Kaplan
 Fernwood Forest

On a pleasant autumn Sunday, somewhat cloudy, fifteen intrepid hikers aged from twelve months to eighty-three years hiked up beautiful Berger Hill to rewarding views of the Hudson Valley and Catskill Mountains. We then took a short drive to Fernwood Forest for a leisurely two mile hike to the firetower which some hikers climbed for more imposing views of the Hudson Valley in its autumn colors. Hikers: Arlene Kaplan, Lucy Kaufman, Emmanuel Macintosh, Liz Lunn, Helena Boba, Kim Hurley, Marie Caruso, Carol Gray, Sue Mackson, Marie Kaplan, Jeff Kaplan, Aila MacIntosh, one illegible and the leader.(15)

Oct. 28 Bash at the Bashakill Shari Aber

A heavy fog lifted and we were treated to a warm Indian summer day for our final mid-week paddle of the 2010 season. We met late morning at the main boat launch on South Road and shared a potluck lunch before launching. Weighed down with couscous and a wonderful Moroccan dish, cheese grits and tuna salad, smoked salmon on ciabatta, bagels and a tossed salad, fourteen of us launched our boats and headed downstream into strong winds. It took a while at first to negotiate the twists and turns of the channels and the alternating crosswinds and headwinds. We took a brief rest and watched a perched mature eagle finally take off and soar. We turned around just before the dam and returned to the launch, all agreeing that the short paddle, beautiful weather, good food and good company was an excellent end to an excellent paddle season. Participants: Ginny Fauci, Harry Newton, Judy Adams, Norris English, Jerry Ruebenstahl, Kate Walsh, Steven Schoen, Marge Velasquez, Barbara Lindsey, Robert Fox, Judy Mage, Ellie Shortle, Kate O l d e h o f f , a n d t h e l e a d e r .
(14)

Oct 30 Storm King Art Center Sue Mackson

A brisk but mostly sunny October day brought hikers Sayi Nulu, Karl Volk, Jack Economou, Elizabeth Fitzgerald, Ann Gross, Debra Giametti, Rudy Laparr, Jude Jurutka and Aimee LaBarr out to walk in the naturalistic setting for an amazing number of man-created objects, that is Storm King Art Center. As we walked the rolling land set between Storm King and Schunemunk Mountains, it was hard to know whether to look first at nature, in its autumn glory, or at the art works. Soon we realized that we didn't have to divide our attention – both could be enjoyed together. We benefited from the information imparted by a young guide stationed near the Maya Lin "Wavefields", and the last portion of a talk by a docent who concentrated on some of the amazing pieces we saw in the north part of the property, near the end of the day. We were fortunate to chance on a Buddhist led dedication of "Three Legged Buddha", their chanting and music accompanied us up to museum hill and was as much a part of the day's ambience as the sun and shadow and fiery colored maples. We enjoyed each other's company and comments as much as the richness of the place. Whether with ADK or on your own, it's a great treasure to enjoy here in the Hudson Valley. (10)

Oct. 30 Pisgah, Richmond, Ashland Pinnacle &
Huntersfield Cal Johnson

Once again we initially met at the easily found trail head parking lot on Rt. 23. From there we spotted cars at the finish lot, which was a bit difficult to find, on an unmarked, very narrow dirt road. We then carpooled to the start on Rt. 10. We followed the Long Path north over Mount Pisgah and then over Richmond Mtn.. Before reaching Ashland Pinnacle, the Long Path heads off to the NW and we were to continue on the red trail. Very soon there were very few and then no red markers at all. We discovered that the old ridge road, now used by ATV's, was taking us where we wanted to go, even without the red markers. There were some faded teal slashes on the trees, from where the Long Path used to follow this route. When we reached the yellow spur trail to the lean-to on Huntersfield, we joked that the summit was a bit further on the red trail. About 100' up the trail there was a survey marker imbedded in a rock, marking the summit. We back-tracked and followed the yellow markers to the lean-to, which provided the best view of the day. After a break there, we followed the yellow markers around to the old ridge road, which we took to where we spotted cars. A note in the lean-to log book pointed out that we had parked in Huntersfield Quarry. It was a brisk day with a few light snow flakes flying around. Hikers were Roman Laba, Al Davis, Maureen Roeth, & Jacques Roeth from the Albany chapter and Shelly Nevard, Larry Woods from the Mid Hudson chapter.

Oct. 31 Bear Mountain Georgette Weir

A brisk fall day, perfect for hiking. Our group of six hiked from Fort Montgomery, climbed the acclaimed 700+ foot rock steps up Bear Mountain – then more steps to the top of Perkins Tower, where the Manhattan skyline could be seen at the edge of billions of trees in every direction. Our return on the steep Mayor Welch Trail brought us around Hessian

FALL OUTINGS LOG *(continued)*

Lake. We walked through the Bear Mountain Zoo, under the Bear Mountain Bridge, back to Fort Montgomery. Great Hudson River views all day. Participants: Ramesh Naik, Sue Mackson, Terry Bludeau, Cathy Smith, Lalita Malik and the leader. (6)

Nov 6 Black Rock Forest Alvin DeMaria

Beautiful day – not a cloud in the sky, Went over Whitehorse and Black Rock Mountains, and looped back over Hill of Pines. Parking lot was full! But we saw only two people on the trails. Where did they all go? Participants: Louis Ruidisch, Al Limore, Pete McGinnis and the leader. (4)

Nov. 7 Franny Reese Park Carol Gray

It was a sunny, crisp fall day for our bidding farewell to daylight savings time hike. The main thrust of our outing was to explore Franny Reese State Park at the western end of the Mid-Hudson Bridge in Highland. Scenic Hudson has developed this park, honoring “Franny” Reese, who was Scenic Hudson’s guiding spirit. The park provides spectacular views of the Hudson River and Poughkeepsie. Going along the trails we came across castle-like ruins and remains of several other stone structures. The primeval hillside used to be part of one of the finest Hudson River estates (Cedar Glen) in its day. We enjoyed a tranquil picnic lunch at Johnson-Iorio Memorial Park, overlooking the Hudson. Several participants experienced the possibilities of looping the Mid-Hudson Bridge to the Walkway over the Hudson and beyond. Participants: Jim Mlodynia, Jack Economou, Mark Swanson, Faith Swanson, Lisette Swanson (age 8), Hal Levin, Marion Zimmer, Lois Ingellis, Sue Mackson, Dorothy Halligan, Aimee LaBarr and the leader. (13)

Nov. 11 Minnewaska Ginny Fauci & Hidden Pond Lalita Malik

Ten hikers met at Peterskill parking area and headed out on the trails along side of the Peterskill Creek before crossing over on a wooden bridge and bearing right into the woods looking for Hidden Pond which is only found by following unmaintained trails. It was a gorgeous fall day with blue sky as we sat on the rocks looking into the clear waters taking a break. From there we worked our way over to the Sanderskill both bushwhacking and following unmaintained trails. We were standing at a junction trying to decide which way to go when a trail angel, Danny, and his dog came running by and pointed us in the right direction to the sliding falls. We followed the trail along the Sanderskill before crossing over and heading down to Jenny Lane where our shuttle cars were. Another great hike! Participants: Shari Aber, Mary Nicolis, Roberta Forest, Vince Lucarini, Josefa Rodriguez, Jeff Adler, Marian Leeds, Bill Machonis and the leaders. (10)

Nov. 14 Huckleberry Point Sue Mackson

Hikers: Melissa Reed, Jack Economou, Al Poelzl, Peter Kaiser, Sue Jordan and the leader.

Nov. 18 AT Dennytown Rd. Ginny Fauci &

to 301 & Beyond Lalita Malik

Ten hikers and Cairo left from Dennytown Road where we had ended our last AT hike in the spring and hiked the AT through Fahnestock State Park up to Route 301 at Canopus Lake. Along the way, we found a lovely lunch spot with plenty of rocks to sit on. We crossed 301 and continued a short ways on the AT before turning off onto Fahnestock Trail eventually working our way to Jordan Pond before hiking back out to Route 301 where our shuttle cars were waiting. Participants: Shari Aber & Cairo, Roberta Forest, Bill Machonis, Russ Faller, Ellie Shortle, Marian Leeds, Mary Nicolis, Jane-Ellen Malinowski and the leaders. (10)

Nov. 27 Overlook Mountain Brenda Harding

It was a group of twelve including the leader that started out on a cold and windy day (partly cloudy.) The effort going up kept us warm. The ruins were interesting and we enjoyed walking through the shell of the building and talking about its history. Once at the top a few of us ventured up the fire tower. It was very windy, and coming back down, you were against the wind which made it more difficult. We had lunch at the second viewpoint behind the ranger’s cabin. After lunch we headed down the trail. There were lots of snow flurries. Someone had a thermometer and the temp at the top was 20°F. A chilly but fun day and a good group. Hikers: Al Poelzl, Jennifer Anderson, David Anderson, John Rozzi, Jeffrey Perls, John Ragusa, Margaret McGrath, Frank Petramale, Nicholas Petramale, Paul Petramale, Michael Petramale and the leader. (12)

These

Mid-Hudson Chapter Officers

were elected for two-year terms at the Annual Meeting

held at Norrie Point on October 4, 2010

Chair: Lalita Malik

Vice Chair: Pete McGinnis

Secretary: Georgette Weir


Treasurer: Ralph Pollard

Co-Chapter Directors: Salley Decker, Brenda Harding


Club Director: Daniel Jones

Alternate Club Director: Jean-Claude Fouere

Nov. 18 AT Dennytown Rd. Ginny Fauci &




Ellen Zelig, CRS, GRI
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A copy of NERC's report is available at its website, www.nerc.org/fsheets/ny-factsht.html

Hydrofracking Moratorium Critical

Source: Editorial on the Dec 9, 2010 Buffalonews.com Website
Below are excerpts. See Source for complete editorial.

National Fuel and other gas-drilling wildcatters have massed their trucks on the Pennsylvania border ready to lay waste to New York State's Southern Tier, which is rich in Marcellus shale. We can't afford the 3 - 9 million gallons of water that each fracking operation requires, or the contamination of our streams with the salt, radon and heavy metals from their waste water. We cannot tolerate these corporations injecting carcinogenic fracking concoctions into the Earth. One of the worst consequences of this Marcellus gamble is destruction of forests. Since the gas high-rollers moved in...PA's Allegheny National Forest looks like the green felt of a craps table, cut into a betting layout by muddy roads and clear-cut five-acre well pads. In October, Neil Woodworth, executive director of the Adirondack Mountain Club, and Carl Heilman II, a nature photographer, flew over Pennsylvania's Allegheny National Forest and New York's Allegany State Park to photograph the effects of oil and gas exploration. See all 229 of their photos [here](#). (link through website as above).

The Assembly must pass A11443-B, its version of the already passed Senate bill that puts a moratorium on hydrofracking until May 2011. That's time enough for the unconvinced to consider the odds before any more New York State gas exploration bets are placed. Call your representatives in the Assembly. Urge them to vote for this bill. *(Writer Larry Beahan is secretary of the Niagara Frontier Chapter of the Adirondack Mountain Club)*

Welcome to These New Members

(8/1/10 - 11/31/10)

- Jennifer and David Anderson
- William Buckton
- Lynn Dove
- Mary Eberhardt
- Doreen Fitzpatrick and Alfred Schwab
- Barbara Harrison
- Sara and Charles Hill
- Susan Jordan
- Sue Jorean
- Richard Kline
- Anne Needham
- Luke Nelson and Consuelo Villegas-Vas
- Michael Patterson
- Jeffery and Robin Perls
- Judy Reichler
- Gary Reno
- Patrick and Jennifer Ryan
- James and Sandra Schechter
- Andra Sramek
- Pamela and Ray Torres
- Frank Van Zanten
- Philip Zulu



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EVERY FRIDAY—MHADK BREAKFAST GROUP

Please join us for breakfast at the Highland Cafe where the food is extra good. The starting time is 8am, but latecomers are welcome. Contact Ralph Pollard at ralphpollard@verizon.net or 845-462-3389 if you would like further information.

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